

Medica Focus[®]



YOUR CARE — UP FRONT AND CENTER.

Medica Focus gives you the care you need, when and where you need it. No matter if you're in your hometown or in another location, you can connect with providers and a system you know and trust. Even better: You'll never need a referral to see a specialist.

An experience you'll love

- An easy-to-use plan that lets you choose from any doctor, clinic, or facility in the Medica Focus network and see a specialist without a referral.
- A Travel Program Network you can use when outside the service area (Minnesota, North Dakota, South Dakota, and western Wisconsin). The program's network is one of the largest in the country. And if you're a parent, even better: It covers your children when they're away at school. Emergency care services for students seeking care outside the Medica Focus service area but within Medica's service area will be covered at the in-network benefit level. For other health care services, they will need to access care from a Medica Focus network partner for in-network benefits to apply.
- Access to virtual and behavioral health care options, exceptional network discounts, and wellness extras to help you stay healthy and feel better.



Have questions? We're here to help.

Want to know more about your benefits? Have another question? Call Member Services at the number on the back of your Medica ID card (TTY: **711**). You can reach us Monday - Friday, 7 a.m. - 8 p.m. CT (closed 8 - 9 a.m. Thursdays), and Saturday Saturday, 9 a.m. - 3 p.m. CT. You can also learn more at [Medica.com/FindCare](https://www.Medica.com/FindCare) and select *Medica Focus*.