



MVNA is one of the largest nonprofit influenza vaccination providers in Minnesota. All proceeds from our Flu Shot and Corporate Wellness programs go directly to support the home nurse visits to the ill and disabled adults and elderly in our community, as well as mothers and children in need. Your annual flu shot helps protect you and your family from the flu, and it does something good for the community! Thank you!

MVNA Minneapolis Clinics:

When: **Saturday, March 1** **10:00 a.m. - 2:00 p.m.**
 Saturday, March 8 **10:00 a.m. - 2:00 p.m.**

Who: **Ages 6 months** and older. Children under 18 must be accompanied by a parent.

How: Walk in, no appointment necessary. Free parking available

Where: Minnesota Visiting Nurse Agency
 3433 Broadway St. N.E.
 Suite 300
 Minneapolis, MN 55413

To locate us go to: [Directions to MVNA](#)

MVNA is located on the corner of Broadway St. N.E. and Industrial Blvd, in the "Broadway East" building.

20 MN Cub Food Locations:

Friday, March 7 **3:00 p.m. - 7:00 p.m.**
Saturday, March 8 **10:00 a.m. - 2:00 p.m.**

Ages 5 years old and above. Walk-ins welcome! Influenza immunizations are available for adults and children 5 years old and up. Children under 18 must be accompanied by a parent. MVNA will have a pediatric nurse available for children's influenza immunizations.

Store Name	Address	City (A-Z sort)	State	Zip
CUB FOODS- APPLE VALLEY	15350 CEDAR AVENUE	APPLE VALLEY	MN	55124
CUB FOODS- BLAINE SOUTH	585 NORTH TOWN DRIVE	BLAINE	MN	55434
CUB FOODS- BROOKLYN PARK	7555 WEST BROADWAY	BROOKLYN PARK	MN	55428
CUB FOODS- BURNSVILLE HEART OF THE CITY	300 EAST TRAVELER'S TRAIL	BURNSVILLE	MN	55337

CUB FOODS- COON RAPIDS	2050 NORTHDAL E BOULEVARD	COON RAPIDS	MN	55433
CUB FOODS- CRYSTAL	5301 36TH AVENUE NORTH	CRYSTAL	MN	55422
CUB FOODS- DULUTH	615 WEST CENTRAL ENTRANCE	DULUTH	MN	55811
CUB FOODS- EAGAN	1940 CLIFF LAKE ROAD	EAGAN	MN	55122
CUB FOODS- EDEN PRAIRIE	8015 DEN ROAD	EDEN PRAIRIE	MN	55344
CUB FOODS- MANKATO EAST	1800 MADISON AVENUE	MANKATO	MN	56001
CUB FOODS- MAPLE GROVE	8150 WEDGEWOOD LANE	MAPLE GROVE	MN	55369
CUB FOODS- MAPLEWOOD WEST	100 WEST COUNTY ROAD B	MAPLEWOOD	MN	55117
CUB FOODS- 60 TH & NICOLLET	5937 NICOLLET AVENUE S.	MINNEAPOLIS	MN	55419
CUB FOODS- PLYMOUTH	3550 VICKSBURG LANE NORTH	PLYMOUTH	MN	55447
CUB FOODS- ROGERS	13855 ROGERS DR	ROGERS	MN	55374
CUB FOODS- KNOLLWOOD	3620 TEXAS AVENUE SOUTH	SAINT LOUIS PARK	MN	55426
CUB FOODS- MIDWAY	1440 UNIVERSITY AVE WEST	SAINT PAUL	MN	55104
CUB FOODS- WEST ST PAUL	2021 SOUTH ROBERT STREET	WEST SAINT PAUL	MN	55118
CUB FOODS- WHITE BEAR	1059 MEADOWLAND DRIVE	WHITE BEAR TWP	MN	55127
CUB FOODS- WOODBURY	8432 TAMARACK VILLAGE	WOODBURY	MN	55125

Thank you Health Fair 11 Partners:

www.kare11.com, www.cubpharmacy.com, www.ucare.org

Cost and Insurances Accepted:

All clinics are subject to vaccine availability. MVNA will follow all CDC & MDH guidelines.

- **Insurance Plans Accepted:** BCBS, Health Partners, Humana, MCHA, Medica*, Medicare Part B, MHP, MN Health Care, UCare, Unicare. Individuals must bring all of their insurance and supplemental insurance card(s).

***Please Note: Medica Care Types** "Solo", "Direct HSA", "Direct Value" and "Direct Short Term" have a restricted benefit allowing children 17 years and under a covered flu shot benefit. Those age 18 and over must pay cash (not covered).

- **Thanks to a generous donation from CUB Pharmacy:** All individuals not covered by an approved health insurance plan as listed above, may receive a flu shot at the reduced rate of \$14. No one will be turned away due to inability to pay.

Who should not get vaccinated?

MVNA Nurses will NOT give flu vaccinations to those who have:

- a severe allergy to eggs or other vaccine components
- had a serious allergic reaction or other problem after getting an influenza vaccination
- a fever or an active infection at the time of the vaccination
- a history of Guillain-Barré Syndrome
- a bleeding disorder

For a complete list of what you need to know, go to <http://www.mvna.org/links.htm> and click on "[Vaccine Information Statement 2007-08](#)."

2007-08 Pneumonia Shots:

Pneumonia shots will be offered at all public clinics. We accept Medicare Part B (with no supplemental insurance), BCBS, Humana, Medica Coupon (cannot accept Medica ID card, must have coupon), UCare ID Card, UCare Coupon and Unicare. All other individuals pay a discounted rate of **\$50**, if paying by cash or check.

All individuals 65 yrs of age and older, should receive a pneumonia shot if they have not already. Individuals ages 18 and above should have a pneumonia shot every 5 years if they are high risk such as: Chronic diseases: heart disease, lung disease, diabetes, liver and renal failure, immune disorders such as HIV/AIDS. Please see the CDC Pneumonia Vaccination Information Statement for more information at: <http://www.cdc.gov/nip/publications/VIS/vis-ppv.pdf>