

Medica Foundation – 2008 Grant Recipients

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<u>Behavioral Health: Filling the Gaps</u>	<u>Grant Amount</u>
<p>Catholic Charities of St. Paul & Minneapolis Minneapolis, MN Create an integrated mental/physical health care system at St. Joseph's Home for Children's Community Health Clinic.</p>	\$30,000.00
<p>Center for Victims of Torture Minneapolis, MN Develop an evidence-based model of care specifically for children and adolescent torture survivors.</p>	\$40,000.00
<p>College of St. Catherine St. Paul, MN Reduce systemic barriers to fill the gap in mental health services within the Somali immigrant population.</p>	\$50,000.00
<p>Guild Incorporated St. Paul, MN Pilot a new, three-person, community-based service team to deliver a full array of behavioral health services and resources.</p>	\$30,000.00
<p>Initiative Foundation Little Falls, MN Build a seamless system of mental health support for young children and their families in greater Minnesota.</p>	\$50,000.00
<p>NetWork for Better Futures Minneapolis, MN Design a culturally appropriate behavioral health assessment process for at-risk African American men in the program.</p>	\$41,000.00
<p>Open Cities Health Center St. Paul, MN</p>	\$41,000.00

Implement a culturally specific “integrated care model” to improve access to mental health services within the African American and Southeast Asian communities.	
Regents of the University of Minnesota Minneapolis, MN Develop a model for linking Latina families with adolescent children to mental health providers and services.	\$49,990.00
RESOURCE Inc. Minneapolis, MN Prevent repeated hospitalizations in young adults ages 18 to 26 through medication education, family psychoeducation and linkage to intensive support services.	\$48,000.00
Total Behavioral Health: Filling the Gaps	\$379,990.00

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<u>Disparities in Health Care</u>	<u>Grant Amount</u>
<p>Bridge for Runaway Youth Minneapolis, MN Ensure access to preventive care for homeless, runaway and abandoned youth and equip them with information to navigate the health care system and make informed choices.</p>	\$40,000.00
<p>Children's Dental Services Minneapolis, MN Provide culturally-appropriate oral health care and prevention education to low-income children and pregnant women from the Latino community.</p>	\$30,000.00
<p>Healtheast Foundation St. Paul, MN Increase health literacy and access for Hmong communities through a bicultural, bilingual Hmong social worker and community health worker.</p>	\$30,000.00
<p>Lutheran Social Services of South Dakota Sioux Falls, SD Coordinate the initial and ongoing medical, wellness and preventive services for newly-arrived refugee families.</p>	\$39,338.00
<p>Neighborhood Involvement Program Minneapolis, MN Expand current STI/STD screening and prevention services to asymptomatic individuals.</p>	\$40,000.00
<p>Saint Paul Public Schools St. Paul, MN Improve the effectiveness of school nurses in helping immigrant and refugee families navigate the health care system and make informed decisions about their health.</p>	\$39,973.00
<p>Southeast Asian Refugee Community Home Minneapolis, MN Ensure that low-income, pre-school-aged immigrant children are properly immunized and screened prior to beginning kindergarten.</p>	\$40,000.00
<p>St. Mary's Health Clinics St. Paul, MN Provide culturally and linguistically appropriate health education and</p>	\$30,000.00

services and medication to reduce health disparities in the area of diabetes among the Latino community.	
<i>Total Disparities in Health Care</i>	\$289,311.00

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<u>General Health Improvement</u>	<u>Grant Amount</u>
<p>American Heart Association Minneapolis, MN Go Red for Women education seminars in the Twin Cities, Duluth, St. Cloud, MN and Sioux Falls, SD.</p>	\$15,000.00
<p>American Lung Association of Minnesota St. Paul, MN 2009 Race UP the Place and Asthma Walk.</p>	\$6,000.00
<p>American Lung Association of Minnesota St. Paul, MN Expand the Asthma Systems Change Initiative to additional clinics.</p>	\$5,000.00
<p>American Red Cross Twin Cities Chapter Minneapolis, MN 2009 Heroes Breakfast.</p>	\$5,000.00
<p>Angel Foundation Bloomington, MN Provide education and support for teenagers who have a parent or grandparent with cancer.</p>	\$2,000.00
<p>ARC Greater Twin Cities St. Paul, MN 2009 Arcademy Gala</p>	\$2,500.00
<p>Arrowhead Economic Opportunity Agency Virginia, MN Funding for bike helmets for children receiving bikes at the Evelyth Bike Safety Rodeo.</p>	\$150.00
<p>Charities Review Council St. Paul, MN Support the information services and strategic initiatives of the Charities Review Council to improve public trust and nonprofit accountability.</p>	\$1,000.00
<p>Children's Health Care Minneapolis, MN Support peer outreach program to teach young men in Minneapolis about</p>	\$3,300.00

the importance of adolescent reproductive health.	
City of Lakes Nordic Ski Foundation Minneapolis, MN 2009 Annual City of Lakes Loppet.	\$15,000.00
Community Health Charities Bloomington, MN 2008 Annual Campaign.	\$25,200.00
Fremont Community Health Services, Inc. Minneapolis, MN 2009 Annual Gala to support increased access to affordable, quality health care services for the uninsured and underinsured.	\$2,500.00
Greater Twin Cities United Way Minneapolis, MN 2008 Annual Campaign.	\$34,800.00
Hearing and Service Dogs of Minnesota Minneapolis, MN Provide persons with disabilities support in managing their health and enhancing quality of life.	\$3,000.00
Hmong Cultural Center St. Paul, MN 2008 Hmong Resource Fair, providing support and health education information.	\$3,500.00
Homeward Bound, Inc. Plymouth, MN 2008 "Made in the Shade" event, supporting children and adolescents with disabilities in the Twin Cities.	\$2,500.00
La Oportunidad Minneapolis, MN 2008 La Feria – Latino Family Resource Fair.	\$1,000.00
March of Dimes Edina, MN 2008 Preconception Care Conference.	\$1,500.00

<p>March of Dimes Edina, MN 2008 March of Dimes Walk For Babies campaigns in Minneapolis, Duluth, and St. Cloud MN; Sioux Falls, SD; and Fargo, ND.</p>	\$30,000.00
<p>Memorial Blood Centers St. Paul, MN 2009 annual event "What's Your Type?"</p>	\$2,500.00
<p>Mental Health Association of Minnesota Minneapolis, MN 2008 Gala.</p>	\$3,000.00
<p>Minnesota AIDS Project Minneapolis, MN 2008 and 2009 Minnesota AIDS Walk.</p>	\$4,000.00
<p>Minnesota Association of Community Health Centers Minneapolis, MN 2008 Many Faces of Community Health conference for health professionals to improve health and reduce health disparities.</p>	\$1,500.00
<p>Minnesota Institute of Public Health Mounds View, MN 2008 Minnesota Cancer Alliance annual program.</p>	\$5,000.00
<p>Minnesota Ovarian Cancer Alliance Minneapolis, MN 2008 Silent No More Walk/Run for Ovarian Cancer.</p>	\$1,000.00
<p>Minnesota Public Health Association Minneapolis, MN Sponsor a series of five policy forums focused on food and public health.</p>	\$1,000.00
<p>Minnesota Visiting Nurse Agency Minneapolis, MN 2008 annual breakfast fundraising event.</p>	\$2,500.00
<p>Miracles of Mitch Foundation Chaska, MN 2008 Minnesota Miracle New Year's Eve fundraising celebration supporting</p>	\$2,000.00

families of children with cancer.	
National Alliance for the Menally III - Minnesota St. Paul, MN 2008 NAMI-MN Walk.	\$5,000.00
RESOURCE, Inc. Minneapolis, MN 2009 RESOURCE Achieving Dreams Event	\$1,000.00
Ronald McDonald House Charities Minneapolis, MN 2008 Fam Glam, supporting children with cancer.	\$2,500.00
Senior Community Services Minnetonka, MN Medicare and health insurance training for clients and caregivers.	\$7,800.00
Sustainable Resource Center Minneapolis, MN Increase lead screening in underserved areas.	\$10,000.00
The Center of Hope and Compassion Brooklyn Park, MN 2008 Health Fair to provide a health information exchange about diabetes, blood pressure, tobacco and onsite HIV/AIDS testing.	\$250.00
University YMCA of Metropolitan Minneapolis Minneapolis, MN 2008 5K race.	\$1,390.00
Total General Health Improvement	\$209,390.00

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<u>Healthy Living</u>	<u>Grant Amount</u>
<p>Bolder Options Minneapolis, MN Expand the Healthy Habits Mentoring Program to support youth health and academic performance in the Frogtown neighborhood of St. Paul.</p>	\$30,000.00
<p>City of Minneapolis Minneapolis, MN Partner with clinics and community-based organizations to deliver a group-based lifestyle change program to prevent diabetes in persons with pre-diabetes.</p>	\$24,245.00
<p>Echo Park Elementary School Burnsville, MN Provide an after school exercise program four times a week both at school and in a community-based setting.</p>	\$4,500.00
<p>Illusion Theater and School, Inc. Minneapolis, MN Conduct the final development phase of READY. SET. ACTION!, an obesity prevention program for youth and their families at five inner city schools in Minneapolis and St. Paul.</p>	\$30,000.00
<p>MeritCare Health System Fargo, ND Provide a school-based program that focuses on improved food choices, increased physical activity and reduced screen time to help children attain and maintain a healthy weight.</p>	\$20,180.00
<p>Minneapolis Heart Institute Foundation Minneapolis, MN Implement a program targeting 8- to 12-year-old girls and their mothers to improve their physical activity and to develop healthy eating habits, stress management techniques and a positive body image.</p>	\$30,000.00
<p>Park Nicollet Foundation St. Louis Park, MN Provide an after school educational program in the Meadowbrook neighborhood of St. Louis Park that focuses on food safety, the nutritional value of food and developing recipes for delicious healthy snacks and long-term healthy lifestyles.</p>	\$11,593.00

<p>Peta Wakan Tipi St. Paul, MN Develop an in-school and out-of-school program for American Indian youth and their families to adopt life-long healthful eating habits and physical activity practices.</p>	\$30,000.00
<p>Southeastern Minnesota Area Agency on Aging, Inc. Rochester, MN Help at-risk seniors manage their health and maintain their independence through lifestyle and medication management consulting, health and nutrition education and physical activity.</p>	\$15,400.00
<p>Wilderness Inquiry Minneapolis, MN Collaborate with the University of Minnesota to examine the role of wilderness trip experiences as a means to assist women recovering from eating disorders.</p>	\$8,000.00
<p>YWCA of Minneapolis Minneapolis, MN Expand the Strong Fast Fit Youth program, providing a full year of culturally-specific fitness and health education programming that serves Latino and Native American youth.</p>	\$30,000.00
Total Health Living	\$233,918.00

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<u>Worksite Wellness</u>	<u>Grant Amount</u>
Grand Itasca Clinic and Hospital Grand Rapids, MN Implement a pilot worksite wellness and health care literacy initiative.	\$20,000.00
Hutchinson Area Foundation for Healthcare Hutchinson, MN Implement a pilot worksite wellness and health care literacy initiative.	\$30,000.00
<i>Total Worksite Wellness</i>	\$50,000.00

Total Funding for 2008	\$1,162,609
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