



Introducing Wellthy Community

Care shouldn't be something you tackle alone. Community is a social space where you can find support, share your experiences, and exchange knowledge with others who are caring.



Peer-to-peer discussion

Explore recent activity, participate in the dialogue, and share your thoughts and experiences with others.



Knowledge and insights

Discover helpful tips and find information across Wellthy resources such as e-guides, webinars and virtual events.



Expert moderation

Interact with Wellthy's care professionals who can guide conversations, offer ideas and provide answers.

Frequently Asked Questions

Why join Wellthy Community?

By joining Wellthy Community, you can grow your support system and get advice from others who have or are currently experiencing similar challenges.

Do I need to create a new Wellthy account?

If you already have a Wellthy account, you will use the same email and password to log into Wellthy Community.

Can I invite others?

Wellthy Community is available to those who receive Wellthy as a benefit (you) as well as anyone you invite to a Care Project within your Care Dashboard.

Medica employees have covered access to Wellthy

Learn more at join.wellthy.com/medica

Join with new account:

1. Visit join.wellthy.com/medica and click Get Started
2. Select the Join Community tile when prompted

Join with existing account:

1. Visit join.wellthy.com/medica and click Log in
2. Select the Go To Community tile when prompted

