

 CARE COORDINATOR NEWSLETTER

All Products

Direct Support Connect website gets a makeover

Direct Support Connect is Minnesota's dedicated job board for direct support workers — such as Personal Care Assistants (PCAs) — and the individuals who hire them. As we face unprecedented challenges related to COVID-19, this free statewide resource plays a vital role in connecting support workers and the people who need them. New enhanced features make Direct Support Connect easier to use than ever.

Visit [CBSM – What's new](#) often for a list of policies/pages we've recently updated in the [Community-Based Services manual](#).

SMART Goals: Upcoming training series

The Summertime Skill Series: Sunshine, Summertime, and SMART Goals will be taking place June 30, July 14 and July 30, noon to 1 p.m.

Topics Include:

- How to write SMART Goals
- How to ensure that all needs identified on the HRA make it to the Care plan
- Differences between the CMS and DHS requirements around Care planning

This is a mandatory training. Recorded sessions will be available after the event if you are unable to attend.

Person-Centered Thinking[®] (PCT) exploration

Person-Centered Thinking[®] (PCT) is a set of values, skills and tools that underlies the work we do to support people to have a meaningful life. In times of uncertainty, PCT gives us with a way of thinking about how to provide services that give people positive control and self-direction over the lives they choose to lead.

To help you learn more about PCT skills, we created a four-part training series designed for those who have not taken the full two-day PCT training. This exploration training will introduce some of the main concepts from the full PCT training curriculum. If you have taken the full course, you can still attend this series as a

refresher.

Note: *This four-part exploration training is not a replacement for the full two-day interactive training.*

Audience

- Case managers
- Direct support staff
- Educators
- Families

Dates and times

This training includes four 90-minute sessions once a month, from June through September. We highly encourage attendance at all four sessions.

All sessions run from 1 - 2:30 p.m.

- Tuesday, June 9
- Tuesday, July 14
- Tuesday, August 11
- Tuesday, September 8

Register

Registration is currently full. [Sign up for the waitlist online.](#)

Note: *Registration is limited to 200 people.*

Additional details

Available on the [session announcement](#) page.

Medica DUAL Solution[®] / Minnesota Senior Health Options (MSHO)
and Medica Choice CareSM / Minnesota Senior Care Plus (MSC+)

Stay up-to-date on the Governor's Council on Age Friendly Minnesota

A statewide policy to promote healthy aging requires engaging with older adults as contributors to the social, economic and civic fabric of our communities, encouraging physical and psychological health and well-being.

[Stay up to date on this DHS website](#)

Medica AccessAbility Solution® / Special Needs Basic Care (SNBC) and Medica AccessAbility Solution® Enhanced / Special Needs Basic Care (SNBC) SNP

Medica AccessAbility Solution Special Needs BasicCare plan to expand in June

We're pleased to announce we're expanding our [Medica AccessAbility Solution® Special Needs BasicCare plan \(SNBC\)](#) to three additional counties. Eligible residents of Todd, Morrison and Wadena counties can enroll now in Medica's Special Needs BasicCare Plan (SNBC) for a June 1, 2020, effective date.

The addition of Todd, Morrison and Wadena counties in central Minnesota expands our service area to 14 counties. We also offer the plan in Anoka, Carver, Dakota, Hennepin, Kandiyohi, Ramsey, Rice, Scott, Sherburne, Washington and Wright counties.

Medica AccessAbility Solution provides health care at no cost for people who are:

- Age 18 to 64 and have a certified disability
- Eligible for Medical Assistance
- Live in the plan's 14-county service area

All members of this easy-to-use plan have a personal Care Coordinator who is a nurse, social worker or other professional specializing in working with persons with disabilities.

The Minnesota Department of Human Services (DHS) designed this voluntary program to provide health care for people with disabilities. It combines doctor, hospital, nursing home, dental, behavioral health, rehabilitative, and other health care into one coordinated care system. In addition to personal care coordination services, Medica also offers a variety of health and wellness benefits including no-cost rides to health care appointments, dental care, vision and eyewear coverage, our 24-hour NurseLine™ by HealthAdvocate™ and a large provider network.

Learn more at medica.com/SNBC.

Check out the [SNBC service area map](#) of the expanded service area.



Medica Care Coordination Support

Email us at MedicaCCSupport@medica.com

Call us at 1-888-906-0971

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This email was sent by: **Medica**
401 Carlson Pkwy Minnetonka, MN, 55305, USA