

## All Products

### Bridging Reminder

If a member is going to shop in-person with Bridging please assure that the member has secured reliable transportation on shopping day.

See **Bridging Benefit Guideline** on the Medica CC site: Transportation Benefit Exception Inquiry (BEI) may be provided in the seven counties to/from Bridging only for shopping appointment for members without waiver transportation.

### Member Stakeholder Meeting

Medica is preparing for our next Stakeholder Group in May. Due to COVID precautions, we are planning to conduct 10-15 minute listening sessions by phone with members, providers, and county representatives to gather valuable input and feedback. We are looking for participants who can share diverse points of view and perspectives, and live in both metro and rural areas of the state. Please forward the names of any engaged members (any product) who could be potential participants to our **County and Community Engagement Team**, and we will include them in our listening session outreach calls. Thanks in advance for your consideration!

### Diabetes Webinar in June

**Topic:** Food is Medicine – Integrating Effective Nutrition Interventions into the Healthcare System: A Concept Whose Time Has Come

About 1 in 10 Minnesotan households struggle with food insecurity, with higher rates reported during the pandemic. Black, Latinx, Native Americans, and people living in rural and lower-income counties suffer the greatest disparities in access to quality nutrition and are more likely to suffer diet-related chronic diseases, including heart disease, certain cancers, stroke, and diabetes.

Join us in this first of a webinar series for clinicians, public health, and MCO leaders, focused on the food insecurity as a social determinant of health and contributor to chronic disease prevention and management. Learn how health care clinicians and systems are finding new clinical and community interventions to improve patient's access to quality nutrition and education.

**Presenter:**

Dr. Dariush Mozaffarian, a cardiologist with a Doctorate in Public Health is a recognized leader in nutrition education and research. He is the Dean at the Tufts Friedman School of Nutrition Science/Policy and teaches at Tufts School of Medicine. He has authored more than 450 scientific publications on dietary priorities for obesity, diabetes, and cardiovascular diseases.

**Who should participate/Audience:**

Physicians, Nurse Practitioners, Physician Assistants, diabetic educators. Care Coordinators, nurses, public health, health educators, social workers, therapists, Community Health Workers, and anyone interacting with individuals with diabetes.

CEU - Participants should contact their relevant licensing board to determine if this program will meet continuing education requirements and CEU values.

**Objectives:**

1. Describe the research findings about the correlation and impact of poor-quality nutrition on chronic disease management and prevention, particularly for diabetes and cardiovascular disease.
2. Appreciate how nutrition insecurity disproportionately harms Americans who are from racial/ethnic minority groups or have lower education or income, contributing to health disparities.
3. Provide an overview of the best practices to integrate food and nutrition interventions into healthcare systems.
4. Describe how government, public health and payer policies can support access to reimbursable nutrition services.

**[Click here to register](#)**

*This webinar is presented by a collaboration of Minnesota health plans and the Minnesota Department of Health working to improve diabetes healthcare in Minnesota. Thank you to Blue Plus, HealthPartners, Hennepin Health, Medica, South Country Health Alliance, and UCare for their commitment to this issue.*

# Minnesota Senior Health Options (MSHO) + Minnesota Senior Care (MSC+)

## Community First Services and Supports (CFSS)

In the March Care Coordinator Newsletter we provided an update on the status of CFSS noting that DHS is forecasting a level of implementation in the summer of 2022.

DHS released an implementation update on 3/31/2022 stating DHS is on track to launch **on or after August 1, 2022**.

To learn more, visit the full announcement: [Update on CFSS implementation timeline](#).

## Department of Human Services (DHS) Personal Care (PCA) Training Videos

The Legacy PCA Assessment Training Videos developed and produced by DHS, is a requirement for Medica Care Coordinators (CC). Medica requires all Care Coordinators to complete this training prior to completing any PCA assessments.

The DHS PCA Training Videos can be accessed in a couple of ways:

1. On **YouTube**
2. On the **DHS TrainLink** website. Sign on using your Unique Key. Choose “find a course” and in the search box type in “PCA”. Two courses are listed. The “PCA Legacy Assessment” is the required training. The “PCA Policy for Lead Agencies” is not required but contains useful information for any CCs authorizing PCA services and provides a nice overview of PCA services. We encourage CCs to review this forty minute training.

Please note that there are authorization differences between fee for service (addressed in the training) and Medica including:

- Medica authorizations are NOT separated into two 6 month time spans. Authorizations are for one year. The PCA provider is responsible to develop a month-to-month plan for utilization of flexible PCA use and to monitor the use to ensure DHS requirements are met.
- Medica’s authorizations are considered Flexible time unless indicated otherwise. If member cannot utilize Flexible time please indicate “Standard use” on the Referral Request Form. Members on the Restricted Recipient Program cannot utilize flex time. Other indications for standard may be that DHS/Medica has revoked flexible use or for health and safety reasons.

## Medica Personal Care Assistance Overview Training Video and Accompanying Slides

Medica has a recorded PCA training and is an adjunct to the required DHS PCA Trainings. It provides clarification for some areas of the assessment and incorporates DHS PolicyQuest responses related to the assessment. The training also provides important information regarding Medica's documentation expectations.

The training and slides are posted on the **CC website** under "Training Materials." Scroll to the bottom of the page under "Other Training." We expect that it is reviewed by new CC's as part of their onboarding as well as referenced when needed.

Please reference an email sent from **MedicaCCSupport@Medica.com** on 2/1/2022 regarding updates to the slides.

## We're here to help

Call or email, whichever works best for you.



Call us at 1-888-906-0971 (TTY:711)



Email us at **MedicaCCSupport@medica.com**.

**SOCIAL**



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