

Benefit Guideline: FOODRx with Second Harvest Heartland

Service: Nutrition and education program

Effective: 1/1/2021-12/31/2024

Products:

Medica DUAL Solution® - Minnesota Senior Health Options (MSHO)

Benefits Defined

An educational nutrition program in partnership with Second Harvest Heartland focused on providing monthly nutritious meals for six months to members with certain chronic conditions.

Covered Services

This benefit will provide medically-tailored, culturally-relevant staple foods, education about food to improve health, and community referrals to food resources for members.

Eligibility:

- Member has been identified with the following chronic conditions using claims and other Medica data:
 - Diabetes
 - Congestive Heart Failure
 - Hypertension
 - Ischemic Heart Disease

Process

- Service provider must be Second Harvest Heartland.
- Medica will identify eligible members via reporting, Medica will provide the eligibility report to Second Harvest Heartland.
- Second Harvest Heartland will receive the report and complete direct outreach to engage eligible members.
- When a member engages/accepts the benefit, Second Harvest Heartland will notify Medica.

NOTE: If for any reason the service needs to be terminated before the end of services (example member requests) the CC must advise Second Harvest Heartland that services are to be terminated. Email Elizabeth Berning at eberning@2harvest.org to submit terminations

When to Submit a Request for Benefit Exception

- This service is ineligible for BEI requests.

Considerations:

- This benefit does not replace any necessary or required visits/assessments that are completed by a Medica Care Coordinator
- If the member is in need of any community resources or referrals the Medica Clinical Care Coordinator is responsible for those actions

This Medica Benefit Guideline for Care Coordination products is intended to guide service plan development. This reflects current interpretation of the product benefit set and/or parameters for obtaining services. Medica staff should be consulted for further guidance or to vary from these recommendations.