

**Delta Dental of Minnesota** 

# DELTA DENTAL PPO PLUS PREMIER<sup>TM</sup> - COMPREHENSIVE ENHANCED

with Orthodontic Coverage

**Dental Benefit Plan Summary** 

Medica Plus Plan

Client Number 133366

# **ADMINISTRATION**

The following information is provided as required by the Employee Retirement Income Security Act (ERISA) of 1974.

# EMPLOYER, PLAN SPONSOR, FIDUCIARY AND PLAN ADMINISTRATOR:

Medica

401 Carlson Parkway Minnetonka MN 55305 Telephone: (952)-992-8671

# **AGENT FOR SERVICE OF LEGAL PROCESS:**

Medica

401 Carlson Parkway Minnetonka MN 55305 Telephone: (952)-992-8671

**PARTICIPATING EMPLOYERS: Medica** 

**FUNDING:** Your contribution towards the cost of dental benefits coverage will be determined by the Plan Sponsor each year and communicated to you prior to the effective date of any changes in the cost of the coverage. Dental benefits are self-funded by your employer and are not insured through Delta Dental.

**EMPLOYER IDENTIFICATION NUMBER OF PLAN SPONSOR:** 411242261

PLAN NAME: Medica – Dental Plan

**EMPLOYER PLAN NUMBER: 501** 

**TYPE OF PLAN:** Dental

**PLAN YEAR:** January 1 – December 31

**DELTA DENTAL CLIENT NUMBER: 133366** 

# **PLAN BENEFITS ADMINISTERED BY:**

Delta Dental of Minnesota P.O. Box 9124 Farmington Hills, MI 48333-9124 (651) 406-5901 or (800) 448-3815 www.DeltaDentalMN.org

# **DENTAL BENEFIT PLAN SUMMARY**

This is a Summary of your Client DentalProgram (**PROGRAM**) prepared for Covered Personswith:

Medica (CLIENT)

This Program has been established and is maintained and administered in accordance with the provisions of your Client Dental Plan Contract Number **133366** issued by Delta Dental of Minnesota (**PLAN**).

This booklet is subject to the provisions of the Client Dental Plan Contract. If there is an inconsistency between this booklet and the Client Dental Plan Contract, the Client Dental Plan Contract controls.

**DELTA DENTAL OF MINNESOTA** 

Administrative Offices
P.O. Box 9124
Farmington Hills, MI 48333-9124
(651) 406-5901 or (800) 448-3815
www.DeltaDentalMN.org

# DELTA DENTAL OF MINNESOTA NOTICE OF INFORMATION PRACTICES

# THIS NOTICE DESCRIBES HOW MEDICAL INFORMATION ABOUT YOU MAY BE USED AND DISCLOSED AND HOW YOU CAN GET ACCESS TO THIS INFORMATION. PLEASE REVIEW IT CAREFULLY.

Delta Dental of Minnesota is required by law to maintain the privacy of your Protected Health Information, to provide you with this notice of its legal duties and privacy practices with respect to your Protected Health Information and to notify you following a breach of unsecured Protected Health Information. This notice is being issued to comply with the requirements of the Privacy Rules under the Health Insurance Portability and Accountability Act ("HIPAA Privacy Rules"). Individually identifiable information about your past, present or future health condition, the provision of health care to you, or payment for such health care is considered "Protected Health Information" ("PHI").

Health care includes dental care.

#### Our Permitted Uses and Disclosures of Your Protected Health Information

We use and disclose PHI about you without your authorization for treatment, payment, and health care operations.

**Treatment:** We may disclose PHI to your dentist(s) for treatment purposes. For example, your dentist may wish to provide a dental service to you but first seek information from us as to whether the service has been previously provided.

**Payment:** We use and disclose your PHI in order to fulfill our duty to provide your coverage, determine your benefits, and make payment for services provided to you. For example, we use and disclose your PHI in order to process your claims.

**Health Care Operations**: We use and disclose your PHI as a part of certain operations, such as quality improvement. For example, we may use and disclose your PHI to evaluate the quality of dental services that were performed or to check for fraud and abuse.

We may not however, use or disclose any PHI that is considered genetic information under Federal Law for underwriting purposes.

We may be asked by the sponsor of your dental benefits to provide your PHI to the sponsor. We will do so if permitted by law.

Unless you object, we may disclose your PHI to a family member, other relative, person authorized by law, or any other person you identify as involved in your care or the payment related to your care. Only PHI relevant to that person's involvement in your care or the payment related to your care will be disclosed. You can restrict this disclosure at any time, subject to certain limitations. If you are incapacitated or in the event of an emergency, we will exercise professional judgment to determine whether a disclosure of this type is in your best interest.

We may also use or disclose your PHI without your authorization for several other reasons. Subject to certain requirements, we may use or disclose your PHI without your authorization for public health purposes, auditing purposes, research studies, and emergencies. We may disclose PHI in response to a court or administrative order, subpoena, discovery request or other lawful process if certain conditions are met and the required assurances are received. We provide PHI when otherwise required by law, such as for law enforcement purposes. We may disclose your PHI to public health or other appropriate authorities to lessen a serious or imminent threat to the health or

safety of you or the public. In other situations, not described here, we will ask for your written authorization before using or disclosing your PHI. If you choose to sign an authorization to allow disclosure of your PHI, you can later revoke that authorization to stop any future uses and disclosures (other than for treatment, payment and health care operations).

We reserve the right to change this notice at any time and for any reason. We reserve the right to make the revised or changed notice effective for PHI we currently maintain as well as any information received in the future. A copy of our most current notice will be posted at www.DeltaDentalMN.org.

#### **Individual Rights**

In most cases, you have the right to view or get a copy of your PHI which is held in a particular record set by us. You may request copies for a nominal per-page charge. You also have the right to receive a list of instances where we have disclosed your PHI without your written authorization for reasons other than treatment, payment or health care operations. If you believe that information in your record is incorrect or if important information is missing, you have the right to request that we correct the existing information or add the missing information.

You may request in writing that we not use or disclose your PHI for treatment, payment and health care operations except when specifically authorized by you, when required by law, or in emergency circumstances. We will consider your request but are not legally required to accept it. You also have the right to receive confidential communications of PHI by alternative means or at alternative locations, if you clearly state that disclosure of all or part of your PHI could endanger you. You also have the right to receive notice following an unauthorized access, use or disclosure of your PHI if that unauthorized access, use or disclosure is considered a "breach" as defined by the HIPAA Privacy Rules.

# Complaints

If you are concerned that we have violated your privacy rights, or you disagree with a decision we have made about access to your records, you may contact the address listed below. You may also send a written complaint to the U.S. Department of Health and Human Services. The person listed below can provide you with the appropriate address upon request.

# **Our Legal Duty**

We are required by law to protect the privacy of your information, provide this notice about our information practices, and follow the information practices that are described in this notice.

If you wish to inspect your records, receive a listing of disclosures, or correct or add to the information in your record, request a paper copy of this Notice or if you have any questions, complaints or concerns, please contact:

Customer Service PO Box 9124 Farmington Hills, MI 48333-9124 (651) 406-5901 or (800) 448-3815

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#### **SUMMARY OF DENTAL BENEFITS**

After you have satisfied the deductible, if any, your dental program pays the following percentages of the treatment cost, up to a maximum fee per procedure. The maximum fee allowed by Delta Dental is different for Delta Dental PPO<sup>TM</sup> dentists, Delta Dental Premier® dentists and nonparticipating dentists. If you see a nonparticipating dentist, your out-of-pocket expenses may increase. If a Delta Dental PPO<sup>TM</sup> dentist provides dental services, the deductible will be waived and the payment percentages may increase, resulting in lower out-of-pocket costs.

Service Category	Delta Dental PPO™	<u>Delta Dental Premier®</u>	Nonparticipating Dentists
<u>Description</u>	<u>Dentists</u>	<u>Dentists</u>	
Diagnostic and	100%	100%	100%
Preventive Services			
Basic Services*	100%	80%	80%
Posterior Composites	80%	80%	80%
Endodontics	80%	80%	80%
Periodontics	80%	80%	80%
Oral Surgery	80%	80%	80%
Major Restorative	70%	50%	50%
Services			
Prosthetic Repairs and	80%	50%	50%
Adjustments			
Prosthetics	50%	50%	50%
Orthodontics	50%	50%	50%

<sup>\*</sup>Procedures under the same category of services may be covered at a different percentage. See Description of Covered Procedures section for details.

# Benefit Maximums - Delta Dental PPO™

The Program pays up to a maximum of \$2,000.00 for each Covered Person per Coverage Year subject to the coverage percentages identified above. Benefit Maximums may not be carried over to future coverage years.

Orthodontics is subject to a separate lifetime maximum of \$2,000.00 per Covered Person and limited to those orthodontic treatment plans commenced on or after the Eligible Dependent Child's eighth (8th) birthday and prior to the Dependent Child's nineteenth (19th) birthday. Because orthodontic treatment normally occurs over a long period of time, benefit payments are made over the course of treatment. The Covered Person must remain eligible under the Plan in order to receive continued benefit payments.

# Benefit Maximums - Delta Dental Premier®/Out-of-Network

The Program pays up to a maximum of \$1,500.00 for each Covered Person per Coverage Year subject to the coverage percentages identified above. Benefit Maximums may not be carried over to future coverage years.

Orthodontics is subject to a separate lifetime maximum of \$1,500.00 per Covered Person and limited to those orthodontic treatment plans commenced on or after the Eligible Dependent Child's eighth (8th) birthday and through the Dependent Child's eighteenth (18th) birthday. Because orthodontic treatment normally occurs over a long period of time, benefit payments are made over the course of treatment. The Covered Person must remain eligible under the Plan in order to receive continued benefit payments.

Orthodontics is subject to a separate lifetime maximum of \$1,500.00 per Covered Person and limited to those orthodontic treatment plans commenced on or after the Eligible Dependent Child's eighth (8th) birthday and through the Dependent Child's eighteenth (18th) birthday. Because orthodontic treatment normally occurs over a long period of time, benefit payments are made over the course of treatment. The Covered Person must remain eligible under the Plan in order to receive continued benefit payments.

# Deductible - Delta Dental PPO™

There is a \$25.00 deductible per Covered Person each Coverage Year not to exceed three (3) times that amount (\$75.00) per Family Unit.

The deductible does not apply to Diagnostic and Preventive or Orthodontic services.

# Deductible - Delta Dental Premier®/Out-of-Network

There is a \$50.00 deductible per Covered Person each Coverage Year not to exceed three (3) times that amount (\$150.00) per Family Unit.

The deductible does not apply to Diagnostic and Preventive or Orthodontic services.

# **Coverage Year**

A Coverage Year is a 12-month period in which deductibles and benefit maximums apply. Your Coverage Year is January 1 to December 31.

# **DESCRIPTION OF COVERED PROCEDURES**

# **Pretreatment Estimate**

(Estimate of Benefits)

IT IS A GOOD IDEA TO GET A PRETREATMENT ESTIMATE FOR YOUR DENTAL CARE THAT INVOLVES MAJOR RESTORATIVE, PERIODONTICS, OR PROSTHETICS. THE PRETREATMENT IS RECOMMENDED, BUT NOT REQUIRED FOR YOU TO RECEIVE BENEFITS FOR COVERED DENTAL CARE. THE PRETREATMENT ESTIMATE IS A VALUABLE TOOL FOR BOTH THE DENTIST AND YOU. SUBMISSION OF A PRETREATMENT ESTIMATE ALLOWS THE DENTIST AND YOU TO KNOW WHAT BENEFITS YOU HAVE AND IF THE TREATMENT IS COVERED. THE PRETREATMENT ESTIMATE OUTLINES WHAT YOU HAVE TO PAY TO THE DENTIST, SUCH AS CO-PAYMENTS AND DEDUCTIBLES. IT ALLOWS THE DENTIST AND YOU TO MAKE ANY NECESSARY FINANCIAL ARRANGEMENTS BEFORE YOUR TREATMENT BEGINS. THIS PROCESS DOES NOT PRIOR AUTHORIZE THE TREATMENT NOR DETERMINE ITS DENTAL OR MEDICAL NECESSITY. THE ESTIMATED PAYMENT IS BASED ON YOUR CURRENT ELIGIBILITY AND CONTRACT BENEFITS IN EFFECT AT THE TIME OF THE ESTIMATE. THIS IS AN ESTIMATE ONLY. FINAL PAYMENT WILL BE BASED ON THE CLAIM THAT IS SUBMITTED ONCE THE TREATMENT IS COMPLETED. SUBMISSION OF OTHER CLAIMS, A CHANGE IN ELIGIBILITY, A CHANGE IN YOUR COVERAGE OR OTHER COVERAGE YOU HAVE MAY ALTER THE PAYMENT AMOUNT.

After the exam, your dentist will tell you the dental treatment that should be given. If the dental treatment involves major restorative, periodontics, or prosthetics, the dentist should submit a claim form to the Plan for the proposed treatment. The Plan will review and determine if the treatment is covered and estimate the amount of payment.

A Pretreatment Estimate of Benefits statement will be sent to you and your dentist. You will be responsible to pay for any deductibles and coinsurance amounts. You will also be responsible to pay for any dental treatment that is not considered a covered service under the Plan.

# **Benefits**

The Program covers the following dental procedures when they are performed by a licensed dentist and when necessary and customary as determined by the standards of generally accepted dental practice.

The benefits under this Program shall be provided whether the dental procedures are performed by a duly licensed physician or a duly licensed dentist, if otherwise covered under this Program, provided that such dental procedures can be lawfully performed within the scope of a duly licensed dentist.

As a condition precedent to the approval of claim payments, the Plan shall be entitled to request and receive, to such extent as may be lawful, from any attending or examining dentist, or from hospitals in which a dentist's care is provided, such information and records relating to a Covered Person as may be required to pay claims. Also, the Plan may require that a Covered Person be examined by a dental consultant retained by the Plan in or near the Covered Person's place of residence. The Plan shall hold such information and records confidential.

TO AVOID ANY MISUNDERSTANDING OF BENEFIT PAYMENT AMOUNTS, ASK YOUR DENTIST ABOUT HIS OR HER NETWORK PARTICIPATION STATUS WITHIN THE DELTA DENTAL PPO<sup>TM</sup> AND DELTA DENTAL PREMIER® NETWORKS PRIOR TO RECEIVING DENTAL CARE.

Delta Dental of Minnesota performs dental necessity reviews to determine whether a service submitted for payment or benefit under this Plan is a dental procedure that is dentally necessary to treat a specific condition or restore dentition for an individual. It is Delta Dental of Minnesota's policy that a licensed dentist reviews claims where a dental necessity determination is made, and denies the oral health service where dental necessity has not been demonstrated. Denials based solely on coverage specifications, limitations, and exclusions under the enrollee's contract are not considered utilization review and not evaluated for dental necessity. Delta Dental evaluates dental procedures submitted to determine if the procedure is a covered benefit under your dental plan. Your dental Plan includes a preset schedule of dental services that are eligible for benefit by the Plan. Your dentist may recommend or prescribe other dental care services that are not covered, are cosmetic in nature, or exceed the benefit frequencies of this plan. While these services may be necessary for your dental condition, they may not be covered by us. There may be an alternative dental care service available to you that is covered under your plan. These alternative services are called optional treatments. If an allowance for an optional treatment is available, you may apply this allowance to the initial dental care service prescribed by your dentist. You are responsible for any costs that exceed the allowance, in addition to any coinsurance or deductible you may have. Services that are not covered by the Plan or exceed the frequency of Plan benefits do not imply that the service is or is not dentally necessary to treat your specific dental condition. You are responsible for dental services that are not covered or benefited by the Plan. The decision as to what dental care treatment is best for you is solely between you and your dentist.

ONLY those services listed are covered. Deductibles and maximums are listed under the Summary of Dental Benefits. Services covered are subject to the limitations within the Benefits, Exclusions and Limitations sections described below. For estimates of covered services, please see the "Pretreatment Estimate" section of this booklet.

We cover the following dental care services when they are performed by a licensed dentist, and when necessary and customary as determined by the standards of generally accepted dental practice. If there is more than one professionally acceptable treatment for your dental condition, we will cover the least expensive.

Oral Evaluations - Any type of evaluation (checkup or exam) is covered 2 times per calendar year.

Emergency Treatment - Emergency (palliative) treatment for the temporary relief of pain or infection.

# Radiographs (X-rays)

- **Bitewings** Covered at 1 series of films per 12-month period.
- Full Mouth (Complete Series) or Panoramic Covered 1 time per 60-month period.
- **Periapical(s)** 4 single X-rays are covered per 12-month period.
- Occlusal Covered at 2 series per 24-month period.

# **Dental Cleaning**

• **Prophylaxis** – Covered 2 times per calendar year.

<u>Prophylaxis</u> is a procedure to remove plaque, tartar (calculus), and stain from teeth.

• **Periodontal Maintenance** – Covered 4 times per calendar year.

<u>Periodontal Maintenance</u> is a procedure that includes removal of bacteria from the gum pocket areas, scaling and polishing of the teeth, periodontal evaluation and gum pocket measurements for patients who have completed periodontal treatment.

**Fluoride Treatment** (Topical application of fluoride) - Covered 1 time per calendar year for dependent children through the age of 13.

**Silver Diamine Fluoride** - Covered 2 times per calendar year, per tooth.

**Oral Hygiene Instructions** - Instructions which include tooth-brushing techniques, flossing and use of oral hygiene aids are covered 1 time per lifetime.

**Sealants or Preventive Resin Restorations** - Any combination of these procedures is covered 1 time per lifetime for permanent first and second molars of eligible dependent children through the age of 14.

**Space Maintainers** - Covered 1 time per lifetime per tooth for eligible dependent children through the age of 19 for extracted primary posterior (back) teeth.

<u>LIMITATION</u>: Repair or replacement of lost/broken appliances is not a covered benefit.

#### **BASIC SERVICES**

**Amalgam (silver) Restorations** \*This service is covered at 100% when service is performed by a Delta Dental PPO<sup>TM</sup> dentist, and covered at 80% when service is performed by Delta Dental Premier® dentist or a Nonparticipating dentist - Treatment to restore decayed or fractured permanent or primary teeth.

# **Composite (white) Resin Restorations**

- Anterior (front) Teeth \*This service is covered at 100% when service is performed by a Delta Dental PPO<sup>TM</sup> dentist, and covered at 80% when service is performed by Delta Dental Premier® dentist or a Nonparticipating dentist Treatment to restore decayed or fractured permanent or primary anterior teeth.
- ➤ **Posterior (back) Teeth** \*This service is covered at 80% when service is performed by a Delta Dental PPO<sup>TM</sup> dentist, a Delta Dental Premier® dentist or a Nonparticipating dentist Treatment to restore decayed or fractured permanent orprimary posterior teeth.

<u>LIMITATION</u>: Coverage for amalgam or composite restorations will be limited to only 1 service per tooth surface per 24-month period.

**Sedative filling** \*This service is covered at 100% when service is performed by a Delta Dental PPO<sup>™</sup> dentist, and covered at 80% when service is performed by Delta Dental Premier® dentist or a Nonparticipating dentist

**Pre-fabricated or Stainless-Steel Crown** \*This service is covered at 100% when service is performed by a Delta Dental PPO<sup>™</sup> dentist, and covered at 80% when service is performed by Delta Dental Premier® dentist or a Nonparticipating dentist - Covered 1 time per 24-month period for eligible dependent children through the age of 18.

# **Adjunctive General Services**

• Intravenous Conscious Sedation and IV Sedation \*This service is covered at 80% when service is performed by a Delta Dental PPO<sup>TM</sup> dentist, a Delta Dental Premier® dentist or a Nonparticipating dentist - Covered when performedin conjunction with complex surgical service.

<u>LIMITATION</u>: Intravenous conscious sedation and IV sedation will not be covered when performed with non-surgical dental care.

- 1. Deep sedation/general anesthesia, analgesia, analgesic agents, anxiolysis nitrous oxide, therapeutic drug injections, medicines, or drugs for non-surgical or surgical dental care.
- 2. Case presentation and office visits.
- 3. Athletic mouthguard, enamel microabrasion, and odontoplasty.
- 4. Services or supplies that have the primary purpose of improving the appearance of the teeth. This includes, but is not limited to whitening agents, tooth bonding.
- 5. Placement or removal of base or liner used under a restoration.
- 6. Pulp vitality tests.
- 7. Diagnostic casts.
- 8. Adjunctive diagnostic tests.
- 9. Restorations placed for preventive or cosmetic purposes.
- 10. Crowns and indirectly fabricated restorations (inlays and onlays) are not covered unless the tooth is damaged by decay or fracture with loss of tooth structure to the point it cannot be restored with an amalgam or resin restoration.

# BASIC ENDODONTIC SERVICES (NERVE OR PULP TREATMENT)

# **Endodontic Therapy on Primary Teeth**

- > Pulpal Therapy Covered 1 time per 24-month period.
- > Therapeutic Pulpotomy

# **Endodontic Therapy on Permanent Teeth**

- **Root Canal Therapy** Covered 1 time per 24-month period.
- > Apicoectomy Covered once per lifetime.
- **Root Amputation on posterior (back) teeth** Covered once per lifetime.

# **Complex or other Endodontic Services**

- Apexification Covered 1 time per 24-month period for dependent children through age 16.
- > Retrograde filling Covered 1 time per 24-month period.
- ➤ Hemisection, includes root removal Covered once per lifetime.

# **EXCLUSIONS - Coverage is NOT provided for:**

- 1. Retreatment of endodontic services that have been previously benefited under the Plan.
- 2. Removal of pulpal debridement, pulp cap, post, pin(s), resorbable or non-resorbable filling material(s) and the procedures used to prepare and place material(s) in the canals(root).
- 3. Root canal obstruction, internal root repair of perforation defects, incomplete endodontic treatment and bleaching of discolored teeth.
- 4. Intentional reimplantation.
- 5. Pulp vitality tests.
- 6. Incomplete root canals.

# PERIODONTICS (GUM & BONE TREATMENT)

**Basic Non-Surgical Periodontal Care** - Treatment for diseases for the gingival (gums) and bone supporting the teeth.

- Periodontal scaling & root planing Covered 1 time per 36 months.
- Full mouth debridement Covered 1 time per lifetime.

**Complex Surgical Periodontal Care** - Surgical treatment for diseases for the gingival (gums) and bone supporting the teeth. The following services are considered complex surgical periodontal services under this plan.

- Gingivectomy/gingivoplasty
- Gingival flap
- > Apically positioned flap
- Osseous surgery
- > Bone replacement graft
- Pedicle soft tissuegraft

- > Free soft tissue graft
- Subepithelial connective tissue graft
- > Soft tissue allograft
- Combined connective tissue and double pedicle graft
- Distal/proximal wedge

<u>LIMITATION</u>: Only 1 complex surgical periodontal service is a benefit covered 1 time per 36-month period per single tooth or multiple teeth in the same quadrant.

# EXCLUSIONS - Coverage is NOT provided for:

- 1. Procedures designed to enable prosthetic or restorative services to be performed such as a crown lengthening.
- 2. Bacteriologic tests for determination of periodontal disease or pathologic agents.
- 3. The controlled release of therapeutic agents or biologic materials used to aid in soft tissue and osseous tissue regeneration.
- 4. Provisional splinting, temporary procedures or interim stabilization of teeth.
- 5. Deep sedation/general anesthesia, analgesia, analgesic agents, anxiolysis nitrous oxide or therapeutic drug injections, drugs, or medicaments for non-surgical and surgical periodontal care, regardless of the method of administration.

# ORAL SURGERY (TOOTH, TISSUE, OR BONE REMOVAL)

# **Basic Extractions**

- > Removal of Coronal remnants (retained pieces of the crown portion of the tooth) on primary teeth
- > Extraction of erupted tooth or exposed root

# **Complex Surgical Extractions**

- Surgical removal of erupted tooth
- Surgical removal of impacted tooth
- Surgical removal of residual tooth roots

# **Other Complex Surgical Procedures**

- Oroantral fistula closure
- Tooth reimplantation accidentally evulsed or displaced tooth
- Biopsy of oral tissue
- > Transseptal fiberotomy
- Alveoloplasty
- Vestibuloplasty
- Excision of lesion or tumor
- Removal of nonodontogenic or odontogenic cyst or tumor
- Removal of exostosis
- Partial ostectomy
- Incision & drainage of abscess

Frenulectomy (frenectomy or frenotomy)

# Temporomandibular Joint Disorder (TMJ) as covered under Minnesota Statutes Section 62A.043 Subd. 3 -

Dental treatment that is considered surgical and nonsurgical treatment of temporomandibular joint disorder (TMJ) and craniomandibular disorder, including splints, is subject to the coordination of benefits. A Pre-treatment Estimate of Benefits is recommended.

NOTE: If you or your dependents currently have medical insurance coverage, the claim must first be submitted to that medical insurance program. Any remaining costs after consideration under your medical insurance may be submitted to the Plan for further benefit (see Coordination of Benefits). You must submit a copy of the medical Explanation of Benefits (EOB) along with your claim to this Plan.

If you or your dependents are not eligible for TMJ benefits under another insurance program, either medical or dental, dental services for TMJ will be covered under this dental Plan within the noted Plan limitations, maximums, deductibles and payment percentages of treatment costs.

# **LIMITATIONS**

- Reconstructive Surgery benefits shall be provided for reconstructive surgery when such dental procedures are
  incidental to or follows surgery resulting from injury, illness or other diseases of the involved part, or when
  such dental procedure is performed on a covered dependent child because of congenital disease or anomaly
  which has resulted in a functional defect as determined by the attending physician, to the extent as required
  by Minnesota Statute 62A.25 provided, however, that such procedures are dental reconstructive surgical
  procedures.
- 2. Inpatient or outpatient dental expenses arising from dental treatment up to age 18, including orthodontic and oral surgery treatment, involved in the management of birth defects known as cleft lip and cleft palate as required by Minnesota Statute section 62A.042.

**For programs without orthodontic coverage:** Dental orthodontic treatment not related to the management of the congenital condition of cleft lip and cleft palate is not covered under this dental benefit plan.

**For programs with orthodontic coverage:** If coverage for the treatment of cleft lip or cleft palate is available under any other policy or contract of insurance, this plan shall be primary and the other policy or contract shall be secondary.

- 1. Intravenous conscious sedation and IV sedation when performed with non-surgical dentalcare.
- 2. Deep sedation/general anesthesia, analgesia, analgesic agents, anxiolysis nitrous oxide, therapeutic drug injections, medicines, or drugs for non-surgical or surgical dental care, regardless of the method of administration.
- 3. Services or supplies that are medical in nature, including dental oral surgery services performed in a hospital.
- 4. Any material grafted onto bone or soft tissue, including procedures necessary for guided tissue regeneration.
- 5. Surgical exposure of impacted or unerupted tooth for orthodontic reasons.
- 6. Surgical repositioning of teeth.
- 7. Inpatient or outpatient hospital expenses.
- 8. Cytology sample collection Collection of oral cytology sample via scraping of the oral mucosa.

Inlays - Benefit shall equal an amalgam (silver) restoration for the same number of surfaces.

<u>LIMITATION</u>: If an inlay is performed to restore a posterior (back) tooth with a metal, porcelain, or any composite (white) based resin material, the patient must pay the difference in cost between the Plan's Payment Obligation for the covered benefit and the dentist's submitted fee for the optional treatment, plus any coinsurance for the covered benefit.

**Onlays or Permanent Crowns** - Covered 1 time per 5-year period per tooth.

**Implant Crowns** - See Prosthetic Services.

**Veneers** – Covered 1 time per 12-month period per tooth.

**Crown Repair** - Covered 1 time per 12-month period per tooth.

**Restorative cast post and core build-up, including 1 post per tooth and 1 pin per surface** - Covered 1 time per 5-year period when done in conjunction with covered services.

# Canal prep & fitting of preformed dowel & post

# Occlusal guard & occlusal guard adjustment

- 1. Procedures designed to enable prosthetic or restorative services to be performed such as a crown lengthening.
- 2. Procedures designed to alter, restore or maintain occlusion, including but not limited to: increasing vertical dimension, replacing or stabilizing tooth structure lost by attrition, realignment of teeth, periodontal splinting and gnathologic recordings.
- 3. Services or supplies that have the primary purpose of improving the appearance of your teeth. This includes but is not limited to tooth whitening agents or tooth bonding and covering of the teeth.
- 4. Placement or removal of base or liner used under a restoration.
- 5. Temporary, provisional or interim crown.
- 6. Inlays, onlays or crowns placed for preventive or cosmetic purposes.
- 7. Crowns and indirectly fabricated restorations (inlays and onlays) are not covered unless the tooth is damaged by decay or fracture with loss of tooth structure to the point it cannot be restored with an amalgam or resin restoration.
- 8. Gold foil restorations.

Partial Denture Repairs, Replacement of Broken Artificial Teeth, Replacement of Broken Clasp(s) – Covered 1 time per 6-month period. Covered when:

- the prosthetic appliance (denture, partial or bridge) is the permanent prosthetic appliance; and
- only after 6 months following initial placement of the prosthetic appliance (denture, partial or bridge).

# **Reline, Rebase** – Covered 1 time per 24-month period. Covered when:

- the prosthetic appliance (denture, partial or bridge) is the permanent prosthetic appliance; and
- only after 6 months following initial placement of the prosthetic appliance (denture, partial or bridge).

# Adjustments - Covered 2 times per 12-month period:

- when the prosthetic appliance (denture, partial or bridge) is the permanent prosthetic appliance; and
- only after 6 months following initial placement of the prosthetic appliance (denture, partial or bridge).

# Removable Prosthetic Services (Dentures and Partials) - Covered 1 time per 5-year period:

- for covered persons age 16 or older;
- for the replacement of extracted (removed) permanent teeth;
- if 5 years have elapsed since the last benefited removable prosthetic appliance (denture or partial) and the existing appliance needs replacement because it cannot be repaired or adjusted.

# **Fixed Prosthetic Services (Bridge)** - Covered 1 time per 5-year period:

- for covered persons age 16 or older;
- for the replacement of extracted (removed) permanent teeth;
- if none of the individual units of the bridge has been benefited previously as a crown or cast restoration in the last 5 years;
- if 5 years have elapsed since the last benefited removable prosthetic appliance (bridge) and the existing appliance needs replacement because it cannot be repaired oradjusted.

**Single Tooth Implant Body, Abutment and Crown** - Covered 1 time per 5-year period for covered persons age 16 and over. Coverage includes only the single surgical placement of the implant body, implant abutment and implant/abutment supported crown.

<u>LIMITATION</u>: Some adjunctive implant services may not be covered. It is recommended that a Pretreatment Estimate be requested to estimate the amount of payment prior to beginning treatment.

- 1. The replacement of an existing partial denture with a bridge.
- 2. Interim removable or fixed prosthetic appliances (dentures, partials or bridges).
- 3. Pediatric removable or fixed prosthetic appliances (dentures, partials or bridges).
- 4. Additional, elective or enhanced prosthodontic procedures including but not limited to connector bar(s), stress breakers, and precision attachments.

- 5. Procedures designed to enable prosthetic or restorative services to be performed such as a crown lengthening.
- 6. Procedures designed to alter, restore or maintain occlusion, including but not limited to: increasing vertical dimension, replacing or stabilizing tooth structure lost by attrition, realignment of teeth, periodontal splinting and gnathologic recordings.
- 7. Services or supplies that have the primary purpose of improving the appearance of your teeth.
- 8. Placement or removal of base or liner used under a restoration.
- 9. Any material grafted onto bone or soft tissue, including procedures necessary for guided tissue regeneration.
- 10. Coverage shall be limited to the least expensive professionally acceptable treatment.
- 11. Implant removal.

#### **ORTHODONTICS**

Treatment necessary for the prevention and correction of malocclusion of teeth and associated dental and facial disharmonies.

**Limited Treatment** - Treatments which are not full treatment cases and are usually done for minor tooth movement.

**Interceptive Treatment** - A limited (phase I) treatment phase used to prevent or assist in the severity of future treatment.

Comprehensive (complete) Treatment - Full treatment includes all records, appliances and visits.

**Removable Appliance Therapy** - An appliance that is removable and not cemented or bonded to the teeth.

**Fixed Appliance Therapy** - A component that is cemented or bonded to the teeth.

# **Other Complex Surgical Procedures**

- > Surgical exposure of impacted or unerupted tooth for orthodonticreasons
- > Surgical repositioning of teeth

<u>LIMITATION</u>: Treatment in progress (appliances placed prior to eligibility under this Plan) will be benefited on a pro-rated basis.

LIMITATION: Covered eligible dependent children from the age of 8 through the age of 18.

- 1. Monthly treatment visits that are inclusive of treatment cost;
- 2. Repair or replacement of lost/broken/stolen appliances;
- 3. Orthodontic retention/retainer as a separate service;
- 4. Retreatment and/or services for any treatment due to relapse;
- 5. Inpatient or outpatient hospital expenses; and
- 6. Provisional splinting, temporary procedures or interim stabilization of teeth.

**Orthodontic Payments:** Because orthodontic treatment normally takes place over a long period of time, payments for benefits are made over the course of treatment. The Covered Person must continue to be eligible under the Plan in order to receive ongoing payments for orthodontic benefits.

Benefit payments are made in equal amounts: (1) when treatment begins (appliances are installed), and (2) at six-month intervals thereafter, until treatment is completed or until the lifetime maximum benefits are exhausted (see Benefit Maximums in this Plan Summary).

Before treatment begins, the treating dentist should submit a Pre-treatment Estimate. An Estimate of Benefits form will be sent to you and your dentist that will tell you the estimated plan payment amount. This form serves as a claim form when treatment begins.

When treatment begins, the dentist should submit the Estimate of Benefit form with the date of placement and their signature. After the Plan has verified your benefit and eligibility, a benefit payment will be issued. We will also send a new/revised Estimate of Benefits form to you and your dentist. This again will serve as the claim form to be submitted 6 months from the date the appliance was placed.

#### **Exclusions**

Coverage is NOT provided for:

- a) Dental services which a Covered Person would be entitled to receive for a nominal charge or without charge if this Contract were not in force under any Worker's Compensation Law, Federal Medicare program, or Federal Veteran's Administration program. However, if a Covered Person receives a bill or direct charge for dental services under any governmental program, then this exclusion shall not apply. Benefits under this Contract will not be reduced or denied because dental services are rendered to a subscriber or dependent who is eligible for or receiving Medical Assistance pursuant to Minnesota Statute Section 62A.045.
- b) Dental services or health care services not specifically covered under the Client Dental Plan Contract (including any hospital charges, prescription drug charges and dental services or supplies that are medical in nature).
- c) New, experimental or investigational dental techniques or services may be denied until there is, to the satisfaction of the Plan, an established scientific basis for recommendation.
- d) Dental services performed for elective or cosmetic purposes. NOTE: Dental services may be subject to prepayment clinical review of dental records. If services are found to not be dentally necessary, we reserve the right to deny such services and the member is responsible for the full charge. Dental services are subject to post-payment clinical review of dental records. If services are found not to be dentally necessary, we reserve the right to collect any payment and the member is responsible for the full charge.
- e) Dental services completed prior to the date the Covered Person became eligible forcoverage.
- f) Services of anesthesiologists.
- g) Anesthesia Services, except by a Dentist or by an employee of the Dentist when the service is performed in his or her office and by a dentist or an employee of the dentist who is certified in their profession to provide anesthesia services.
- h) Deep sedation/general anesthesia, analgesia, analgesic agents, anxiolysis nitrous oxide, therapeutic drug injections, medicines, or drugs for non-surgical or surgical dental care, regardless of the method of administration. NOTE: Intravenous conscious sedation is eligible as a separate benefit when performed in conjunction with complex surgical services.
- i) Dental services performed other than by a licensed dentist, licensed physician, his or her employees.
- j) Dental services, appliances or restorations that are necessary to alter, restore or maintain occlusion,

- including but not limited to: increasing vertical dimension, replacing or stabilizing tooth structure lost by attrition, realignment of teeth, periodontal splinting and gnathologic recordings.
- k) Material grafted onto bone or soft tissue, including procedures necessary for guided tissue regeneration.
- Services or supplies that have the primary purpose of improving the appearance of your teeth. This includes but is not limited to tooth whitening agents or tooth bonding and covering of the teeth.
- m) Orthodontic treatment services, unless specified in this Dental Benefit Plan Summary as a covered dental service benefit.
- n) Case presentations, office visits and consultations.
- o) Incomplete, interim or temporary services.
- p) Athletic mouth guards, enamel microabrasion and odontoplasty.
- q) Retreatment or additional treatment necessary to correct or relieve the results of treatment previously benefited under the plan.
- r) Procedures designed to enable prosthetic or restorative services to be performed such as a crown lengthening.
- s) Bacteriologic tests.
- t) Cytology sample collection.
- u) Separate services billed when they are an inherent component of a Dental Service where the benefit is reimbursed at an Allowed Amount.
- v) Pediatric removable or fixed prosthetic appliances (dentures, partials or bridges).
- w) Interim or temporary removable or fixed prosthetic appliances (dentures, partials or bridges).
- x) The replacement of an existing partial denture with a bridge.
- y) Additional, elective or enhanced prosthodontic procedures including but not limited to, connector bar(s), stress breakers and precision attachments.
- z) Provisional splinting, temporary procedures or interim stabilization.
- aa) Placement or removal of base or liner used under a restoration.
- bb) Services or supplies that are medical in nature, including dental oral surgery services performed in a hospital.
- cc) Pulp vitality tests.
- dd) Adjunctive diagnostictests.
- ee) Diagnostic casts.
- ff) Incomplete root canals.
- gg) Cone beam images.
- hh) Anatomical crown exposure.
- ii) Temporary anchorage devices.
- jj) Sinus augmentation.
- kk) Brush biopsy and the accession of a brush biopsy.
- II) Restorations placed for preventive or cosmetic purposes.
- mm) Inlays, onlays and crowns placed for preventive or cosmetic purposes.
- nn) Crowns and indirectly fabricated restorations (inlays and onlays) are not covered unless the tooth is

damaged by decay or fracture with loss of tooth structure to the point it cannot be restored with an amalgam or resin restoration.

- oo) Gold foil restorations.
- pp) Implant removal.

#### Limitations

- a) Reconstructive Surgery: benefits shall be provided for reconstructive surgery when such dental procedure is incidental to or follows surgery resulting from injury, sickness or other diseases of the involved part, or when such dental procedure is performed on a covered dependent child because of congenital disease or anomaly which has resulted in a functional defect as determined by the attending physician, to the extent as required by MN Statute 62A.25 provided, however, that such services are dental reconstructive surgical services.
- b) Benefits for inpatient or outpatient expenses arising from dental services up to age 18, including orthodontic and oral surgery services, involved in the management of birth defects known as cleft lip and cleft palate as required by Minnesota Statutes Section 62A.042. For Programs without orthodontic coverage: Dental orthodontic services not related to the management of the congenital condition of cleft lip and cleft palate is not covered under this dental benefit program. For Programs with orthodontic coverage: If coverage for the treatment of cleft lip or cleft palate is available under any other policy or contract of insurance, this plan shall be primary and the other policy or contract shall be secondary.

For other dental procedure exclusions and limitations, refer to the Description of Coverage in this Dental Benefit Plan Summary.

# **Post Payment Review**

Dental services are evaluated after treatment is rendered for accuracy of payment, benefit coverage and potential fraud or abuse as defined in the Health Insurance Portability and Accountability Act of 1996 - Public Law 102-191. Any payments for dental services completed solely for cosmetic purposes or payments for services not performed as billed are subject to recovery. Delta Dental's right to conduct post payment review and its right of recovery exists even if a Pretreatment Estimate was submitted for the service.

#### **Optional Treatment Plans**

In all cases in which there are alternative treatment plans carrying different costs, the decision as to which course of treatment to be followed shall be solely that of the Covered Person and the dentist; however, the benefits payable hereunder will be made only for the applicable percentage of the least costly, commonly performed course of treatment, with the balance of the treatment cost remaining the payment responsibility of the Covered Person.

# **ELIGIBILITY**

Covered Persons under this Program are:

#### **Employees**

- a) All eligible employees who have met the eligibility requirements as established by the Client and stated within this Dental Benefit Plan Summary under Effective Date of Coverage.
- b) Employees on Family and Medical Leave as mandated by the FederalFMLA.

# **Dependents**

- A) Spouse, meaning:
  - Married;
  - 2. Legally separated;
  - 3. Qualified domestic partner of an eligible employee, if all of the following criteria are met:
    - a. are same or opposite-sex adults;
    - b. are not related by blood closer than permitted under Minnesota marriagelaws;
    - c. are not married and do not have any other domestic partners;
    - d. are at least eighteen (18) years of age and have the capacity to enter into a contract;
    - e. share a residence;
    - f. are jointly responsible to each other for the necessities of life and, if asked, could produce documentation of at least three of the following items as evidence of jointresponsibility:
      - joint mortgage or joint tenancy on a residential lease;
      - joint bank account;
      - joint liabilities (e.g., credit cards or carloans);
      - joint ownership of significant property (e.g., cars, land, etc.)
      - naming of each other a primary beneficiary in wills or life insurancepolicies;
      - written notarized agreements or contracts regarding the relationship, showing mutual support obligations, or joint ownership of assets acquired during therelationship;
      - commitment to a long-term relationship with the intention of remaining together indefinitely.
- B) Dependent children to the age of 26, including:
  - Natural-born and legally adopted children (including children placed with you for legal adoption). NOTE: A
    child's placement for adoption terminates upon the termination of the legal obligation of total or partial
    support.
  - Children of the domestic partner of the employee. NOTE: Children of a Domestic Partner are eligible only as long as the Domestic Partner is covered, and they must qualify as a Domestic Partner's dependent for Federal tax purposes.
  - 3. Stepchildren who reside with you.
  - 4. Grandchildren who are financially dependent on and reside with the covered grandparent.
  - 5. Children who are required to be covered by reason of a Qualified Medical Child Support Order. You can obtain, without charge, a copy of procedures governing Qualified Medical Child Support Orders ("QMCSOs") from the Plan Administrator.
  - 6. Children for whom you or your spouse are the legal guardian.
  - 7. Disabled children age 26 and older if:
    - they are primarily dependent upon you; and
    - are incapable of self-sustaining employment because of developmental delay, mental illness or mental disorder or physical disability.

NOTE: If both you and your spouse are employees of the employer, you may be covered as either an employee or as a dependent, but not both. Your eligible dependent children may be covered under either parent's coverage, but not both.

# **Effective Dates of Coverage**

# Eligible Employee:

You are eligible to be covered under this Program when the Program first became effective, January 1, 2017, or if you are a new employee of the Client, on the first (1st) of the month following your date of hire.

# Eligible Dependents:

Your eligible dependents, as defined, are covered under this Program:

- a) On the date you first become eligible for coverage, if dependent coverage is provided orelected.
- b) On the date you first acquire eligible dependents, or add dependent coverage subject to the open enrollment requirements of the Client, if any.
- c) On the date a new dependent is acquired if you are already carrying dependent coverage.
  - <u>LIMITATION</u>: Dependents of an eligible employee who are in active military service are not eligible for coverage under the Program.

Children may be added to the Program at the time the eligible employee originally becomes effective or may be added anytime up to 30 days following the child's 3<sup>rd</sup> birthday. If a child is born or adopted after the employee's original effective date, such child may be added anytime between birth (or date of adoption) and 30 days following the child's 3<sup>rd</sup> birthday. In the event that the child is not added by 30 days following their 3<sup>rd</sup> birthday, that child may be added only if there is a Family Status Change or at the next Open Enrollment period, if any.

The eligibility of all Covered Persons, for the purposes of receiving benefits under the Program, shall, at all times, be contingent upon the applicable monthly payment having been made for such Covered Person by the Client on a current basis.

# **Open Enrollment**

The Open Enrollment under this Contract shall be held annually.

# **Family Status Change**

Your benefit elections are intended to remain the same for the entire Coverage Year. During the Coverage Year, you will be allowed to change your benefits only if you experience an eligible Family Status Change which includes:

- Change in legal marital status such as marriage or divorce.
- Change in number of dependents in the event of birth, adoption, placement for adoption or death.
- Change in your or your spouse's employment either starting or losing ajob.
- Change in your or your spouse's work schedule, such as going from full-time to part-time or part-time to full-time, or beginning or ending an unpaid leave of absence.
- Change in dependent status, such as if a child reaches maximum age under thePlan.
- Change in residence or work location so you are no longer eligible for your current health plan.
- Qualification for Medicare or Medicaid.
- Loss of other coverage.

Due to federal regulations, the changes you make to your benefits must be consistent with the Family Status

Change event that you experience. For example, if you have a baby, it is consistent to add your newborn to your current dental coverage but it is not consistent to drop your dental coverage altogether.

If you experience one of the above eligible Family Status Changes during the year, you have 31 days (except in the case of the birth/adoption of a child - See Effective Dates of Coverage as stated above) from the event to change your elections. If you do not change your benefits within 31 days of the event, you will not be allowed to make changes until the next Open Enrollment period. You may obtain a Family Status Change Form by contacting your Employer. All changes are effective the date of the change.

# The Uniformed Services Employment and Reemployment Rights Act of 1994 (USERRA)

Continuation of Benefits: Covered employees who are absent due to service in the uniformed services and/or their covered dependents may continue coverage under USERRA for up to 24 months after the date the covered employee is first absent due to uniformed service duty. To continue coverage under USERRA, covered employees and/or their dependents should contact their Employer.

Eligibility: A covered employee is eligible for continuation under USERRA if he or she is absent from employment because of service in the uniformed services as defined in USERRA. This includes voluntary or involuntary performance of duty in the Armed Forces, Army National Guard, Air National Guard or the commissioned corps of the Public Health Service. Duty includes absence for active duty, active duty for training, initial active duty for training, inactive duty training and for the purpose of an examination to determine fitness for duty.

Covered employees and dependents who have coverage under the Plan immediately prior to the date of the covered employee's covered absence are eligible to elect continuation under USERRA.

Contribution Payment: If continuation of Plan coverage is elected under USERRA, the covered employee or covered dependent is responsible for payment of the applicable cost of COBRA coverage. If, however, the covered employee is absent for not longer than 31 calendar days, the cost will be the amount the covered employee would otherwise pay for coverage (at employee rates). For absences exceeding 31 calendar days, the cost may be up to 102% of the cost of coverage under the Plan. This includes the covered employee's share and any portion previously paid by the Employer.

Duration of Coverage: Elected continuation coverage under USERRA will continue until the earlier of:

- 24 months, beginning the first day of absence from employment due to service in theuniformed services;
- the day after the covered employee fails to apply for or return to employment as required by USERRA, after completion of a period of service;
- the early termination of USERRA continuation coverage due to the covered employee's court- martial or dishonorable discharge from the uniformed services; or
- the date on which this Plan is terminated so that the covered employee losescoverage.

Covered employees should contact their Employer with any questions regarding continuation coverage and notify the Employer of any changes in marital status or a change of address.

Reemployment: An individual whose coverage under the Plan was terminated by reason of service in the uniformed services and who did not continue coverage during leave must, nevertheless, be entitled to reinstatement of coverage upon reemployment.

# **Termination of Coverage**

Your coverage and that of your eligible dependents ceases on the earliest of the following dates:

a) The end of the month in which (1) you cease to be eligible; (2) your dependent is no longer eligible as a dependent under the Program.

- b) On the date the Program is terminated.
- c) On the date the Client terminates the Program by failure to pay the required Client Subscriber payments, except as a result of inadvertent error.

For extended eligibility, see Continuation of Coverage.

The Client or Plan Sponsor reserves the right to terminate the Plan, in whole or in part, at any time (subject to applicable collective bargaining agreements). Termination of the Plan will result in loss of benefits for all covered persons. If the Plan is terminated, the rights of the Plan Participants are limited to covered expenses incurred before termination.

# **Continuation of Coverage (COBRA)**

Dental benefits may be continued should any of the following events occur, provided that at the time of occurrence this Program remains in effect and you or your spouse or your dependent child is a Covered Person under this Program:

QUALIFYING EVENT	WHO MAY CONTINUE	MAXIMUM CONTINUATION PERIOD	
Employment ends, retirement, leave	Employee and dependents	Earliest of:	
of absence, lay-off, or employee		1. 18 months, or	
becomes ineligible due to a		2. Enrollment in other group	
reduction in hours (except gross		coverage or Medicare, or	
misconduct dismissal)		3. Date coverage would	
		otherwise end.	
Divorce, marriage dissolution,	Former Spouse, former	Earliest of:	
dissolution of domestic	domestic partner and any	1. 36 months or	
partnership, or legal separation	dependent children who lose	2. Enrollment date in other group	
	coverage	coverage or Medicare, or	
		3. Date coverage would	
		otherwise end.	
Death of Employee	Surviving spouse and	Earliest of:	
	dependent children	1. 36 months or	
		2. Enrollment date in other group	
		coverage or Medicare, or	
		3. Date coverage would otherwise	
		end.	
Dependent child loses eligibility	Dependent child	Earliest of:	
		1. 36 months,	
		<ol><li>Enrollment date in other group</li></ol>	
		coverage or Medicare, or	
		<ol><li>Date coverage would otherwise</li></ol>	
		end.	
Dependents lose eligibility due to	Spouse and dependents	Earliest of:	
Employee's entitlement to		1. 36 months,	
Medicare		<ol><li>Enrollment date in other group</li></ol>	
		coverage or Medicare, or	
		3. Date coverage would otherwise	
		end.	
Retirees of employer filing	Retiree and dependents	Earliest of:	
Chapter 11 bankruptcy	·	1. Enrollment date in other group	
(includes substantial reduction in		coverage, or	
coverage within 1 year of filing)		2. Death of retiree or dependent	
, , , , , , , , , , , , , , , , , , ,		electing COBRA.	

Surviving Dependents of retiree	Surviving Spouse and	Earliest	of:
on lifetime continuation due to	dependents	1.	36 months following retiree's
the bankruptcy of the employer			death, or
		2.	Enrollment date in other group
			coverage.

# **Choosing Continuation**

If you lose coverage, due to a termination of employment (except if the termination is for gross misconduct), retirement, leave of absence, lay-off, or reduction in hours, your employer should notify you of the option to continue coverage. You or your covered dependents must notify your employer of divorce, legal separation, or any other change in dependent status within 60 days of the event.

You or your covered dependents must choose to continue coverage by completing, in writing, the election notice that your employer sends to you. You or your covered dependents have 60 days to choose to continue, starting with the date of the notice of continuation or the date coverage ended, whichever is later. Failure to choose continuation within the required time period will make you or your covered dependents ineligible to choose continuation at a later date. You or your covered dependents have 45 days from the date of choosing continuation to pay the first continuation charges. After this initial grace period, you or your covered dependents must pay charges monthly in advance to the employer to maintain coverage in force.

Charges for continuation are the client rate plus a two percent administration fee. All charges are paid directly to your employer. If you or your covered dependents are totally disabled, charges for continuation are the client rate plus a two percent administration fee for the first 18 months. For months 19 through 29, the employer may charge the client rate plus a 50 percent administration fee.

# 1. Disability Extension.

If a qualified beneficiary is determined by the Social Security Administration to be disabled and you notify your employer (or former employer) in a timely fashion, all of the qualified beneficiaries in your family may be entitled to receive up to an additional 11 months of COBRA coverage, for a total maximum of 29 months. This extension is available only for qualified beneficiaries who are receiving COBRA coverage because of a qualifying event that was the covered employee's termination of employment or reduction of hours. The disability must have started at some time before the 61st day after the covered employee's termination of employment or reduction of hours and must last at least until the end of the period of COBRA coverage that would be available without the disability extension (generally 18 months, as described above). Each qualified beneficiary will be entitled to the disability extension if one of them qualifies. The disability extension is available only if you notify your employer (or former employer) in writing of the Social Security Administration's determination of disability within 60 days after the latest of: (i) the date of the Social Security Administration's disability determination;

(ii) the date of the covered employee's termination of employment or reduction of hours; or (iii) the date on which the qualified beneficiary loses (or would lose) coverage under the terms of the Plan as a result of the covered employee's termination of employment or reduction of hours.

# 2. Second qualifying event

If a second qualifying event occurs during continuation, a dependent qualified beneficiary may be entitled to election rights of their own and an extended continuation period. This rule only applies when the initial qualifying event for continuation is the employee's termination of employment, retirement, leave of absence, layoff, or reduction of hours.

When a second qualifying event occurs such as the death of the former covered employee, the dependent must notify the employer of the second event within 60 days after it occurs in order to continue coverage. In

no event will the first and second period of continuation extend beyond the earlier of the date coverage would otherwise terminate or 36 months.

A qualified beneficiary is any individual covered under the health plan the day before the qualified event as well as a child who is born or placed for adoption with the covered employee during the period of continuation coverage.

3. Terminating Continuation of Coverage - COBRA

Continuation of Coverage - COBRA for you and your eligible dependents, if selected, shall terminate on the last day of the month in which any of the following events first occur:

- a) The expiration of the specified period of time for which Continuation of Coverage COBRA canbe maintained; as mandated by applicable State or Federallaw;
- b) This Program or Plan is terminated by the Client Subscriber;
- c) The Client Subscriber's or Covered Person's failure to make the payment for the Covered Person's Continuation of Coverage;
- d) If the extension of coverage is under the disability extension, the date the Social Security Administration determines you are no longer disabled.

Questions regarding Continuation of Coverage - COBRA should be directed to your employer. Your employer will explain the regulations, qualifications and procedures required when you continue coverage.

#### **PLAN PAYMENTS**

# **Participating Dentist Network**

A Delta Dental Premier® network dentist is a dentist who has signed a Delta Dental Premier® membership agreement with his/her local Delta Dental Plan. The dentist has agreed to accept Delta Dental's Maximum Amount Payable as payment in full for covered dental care. Delta Dental's Maximum Amount Payable is a schedule of fixed dollar maximums established solely by Delta Dental for dental services provided by a licensed dentist who is a participating dentist. You will be responsible for any applicable deductible and coinsurance amounts listed in the Summary of Dental Benefits section. A Delta Dental Premier® dentist has agreed not to bill more than Delta Dental's allowable charge. A Delta Dental Premier® dentist has also agreed to file the claim directly with Delta Dental.

A Delta Dental PPO<sup>TM</sup> network dentist is a dentist who has signed a Delta Dental PPO<sup>TM</sup> membership agreement with his/her local Delta Dental Plan. The dentist has agreed to accept the Delta Dental PPO<sup>TM</sup> Maximum Amount Payable as payment in full for covered dental care. You will be responsible for any applicable deductible and coinsurance amounts listed in the Summary of Dental Benefits section. A Delta Dental PPO<sup>TM</sup> dentist has agreed not to bill more than the Delta Dental PPO<sup>TM</sup> Maximum Amount Payable. A Delta Dental PPO<sup>TM</sup> dentist has also agreed to file the claim directly with Delta Dental.

Listings of participating providers are available to Subscribers as a separate document and are furnished by the Client without charge. Names of Participating Dentists can be obtained, upon request, by calling Delta Dental, from directory listings furnished to the Client or from the Plan's internet web site at <a href="www.DeltaDentalMN.org">www.DeltaDentalMN.org</a>. Refer to the General Information section of this booklet for detailed information on how to locate a participating provider using the Plan's internet web site.

#### **Covered Fees**

Under this Program, YOU ARE FREE TO GO TO THE DENTIST OF YOUR CHOICE. You may have additional out-of-pocket costs if your dentist is not a participating Delta Dental PPO™ or Delta Dental Premier® dentist with the plan. There may also be a difference in the payment amount if your dentist is not a participating dentist with Delta Dental. This payment difference could result in some financial liability to you. The amount is dependent on the nonparticipating dentist's charges in relation to the amount determined by Delta Dental.

TO AVOID ANY MISUNDERSTANDING OF BENEFIT PAYMENT AMOUNTS, ASK YOUR DENTIST ABOUT HIS OR HER NETWORK PARTICIPATION STATUS WITHIN THE DELTA DENTAL PPO<sup>TM</sup> AND DELTA DENTAL PREMIER® NETWORKS PRIOR TO RECEIVING DENTAL CARE.

# **Notice of Claim**

Written notice of claim must be given to Delta Dental within 20 days after the occurrence or commencement of any loss covered by the Policy, or as soon thereafter as is reasonably possible. Notice given by or on behalf of the Policyholder or the beneficiary shall be presented to Delta Dental at PO Box 9120, Farmington Hills, MI 48333-9120.

# **Claim Forms**

Delta Dental, upon receipt of a notice of claim, will furnish to you such forms as are usually furnished for filing proofs of loss. If we do not give you these forms within 15 days after you have filed your notice of claim, you shall be deemed to have complied with the requirements of this policy.

# **Claim Payments**

PAYMENTS ARE MADE BY THE PLAN ONLY WHEN THE COVERED DENTAL PROCEDURES HAVE BEEN COMPLETED. THE PLAN MAY REQUIRE ADDITIONAL INFORMATION FROM YOU OR YOUR PROVIDER BEFORE A CLAIM CAN BE CONSIDERED COMPLETE AND READY FOR PROCESSING. IN ORDER TO PROPERLY PROCESS A CLAIM, THE PLAN MAY BE REQUIRED TO ADD AN ADMINISTRATIVE POLICY LINE TO THE CLAIM. DUPLICATE CLAIMS PREVIOUSLY PROCESSED WILL BE DENIED.

ANY BENEFITS PAYABLE UNDER THIS PLAN ARE NOT ASSIGNABLE BY ANY COVERED PERSON OR ANY ELIGIBLE DEPENDENT OF ANY COVERED PERSON.

Delta Dental Premier® Dentists:

Claim payments are based on the Plan's Payment Obligation which is the highest fee amount Delta Dental approves for dental services provided by a Delta Dental Premier® dentist to a Delta Dental covered patient. The Plan Payment Obligation for Delta Dental Premier® dentists is the lesser of: (1) The Maximum Amount Payable as determined by Delta Dental; or (2) The fee charged or accepted as payment in full by the Delta Dental Premier® dentist regardless of the amount charged. All Plan Payment Obligations are determined prior to the calculation of any patient co-payments and deductibles as provided under the patient's Delta Dental program.

Delta Dental PPO<sup>™</sup> Dentists:

Claim payments are based on the Plan's Payment Obligation which is the highest fee amount Delta Dental approves for dental services provided by a Delta Dental PPO<sup>TM</sup> dentist to a Delta Dental covered patient. The Plan Payment Obligation for Delta Dental PPO<sup>TM</sup> dentists is the lesser of: (1) The Delta Dental PPO<sup>TM</sup> Maximum Amount Payable as determined by Delta Dental; or (2) The fee charged or accepted as payment in full by the Delta Dental PPO<sup>TM</sup> dentist regardless of the amount charged. All Plan Payment Obligations are determined prior to the calculation of any patient co-payments and deductibles as provided under the patient's Delta Dental program.

# Nonparticipating Dentists:

Claim payments are based on the Plan's Payment Obligation, which for nonparticipating dentists is the treating dentist's submitted charge or the amount established solely by Delta Dental, whichever is less. Claim payments are sent directly to the Covered Person.

THE COVERED PERSON IS RESPONSIBLE FOR ALL TREATMENT CHARGES MADE BY THE NONPARTICIPATING DENTIST. WHEN SERVICES ARE OBTAINED FROM A NONPARTICIPATING PROVIDER, ANY BENEFITS PAYABLE UNDER THE CLIENT CONTRACT ARE PAID DIRECTLY TO THE COVERED PERSON.

# Coordination of Benefits (COB)

If you or your dependents are eligible for dental benefits under this Program and under another dental program, benefits will be coordinated so that no more than 100% of the Plan Payment Obligation is paid jointly by the programs. The Plan Payment Obligation is determined prior to calculating all percentages, deductibles and benefit maximums.

The Coordination of Benefits provision determines which program has the primary responsibility for providing the first payment on a claim. In establishing the order, the program covering the patient as an employee has the primary responsibility for providing benefits before the program covering the patient as a dependent. If the patient is a dependent child, the program with the parent whose month and day of birth falls earlier in the calendar year has the primary payment responsibility. If both parents should have the same birth date, the program in effect the longest has the primary payment responsibility. If the other program does not have a Coordination of Benefits provision, that program most generally has the primary payment responsibility.

NOTE: When Coordination of Benefits applies for dependent children, provide your dentist with the birth dates of both parents.

# Time of Payment of Claim

Any benefits due under this Policy for any loss other than loss for which this Policy provides periodic payment will be paid immediately upon receipt of due written proof of such loss.

# **Claim and Appeal Procedures**

# Proof of Loss

All claims should be submitted within 12 months of the date of service. If you do not submit a claim within the time required, it will not invalidate nor reduce any claim if it was not reasonably possible to give proof within such time. You must submit your proof as soon as reasonably possible and in no event, except in the absence of legal capacity, later than one year from the time proof is otherwise required.

# **Initial Claim Determinations**

An initial benefit determination on your claim will be made within 30 days after receipt of your claim. You will receive a written notice of this benefit determination. The 30-day period may be extended for an additional 15 days if the claim determination is delayed for reasons beyond our control. In that case, we will notify you prior to the end of the initial 30-day period. We will tell you the reasons we require an extension and the date by which we expect to make a decision. If the extension is needed for us to get additional information from you, the notice will describe the specific information we need. You will have 45 days from the receipt of the notice to provide us with the information. Without complete information, your claim will be denied.

# **Appeals**

In the event that we deny a claim in whole or in part, you have a right to a full and fair review. Your request to

review a claim must be in writing and submitted to us within 180 days from the claim denial. We will make a benefit determination within 60 days following receipt of yourappeal.

Your appeal must include your name, your identification number, Client number, claim number, and dentist's name as shown on the Explanation of Benefits. Send your appeal to:

Delta Dental of Minnesota Attn: Professional Services Appeals and Grievances PO Box 30416 Lansing, MI 48909

You may submit written comments, documents, or other information that you feel supports your appeal. Upon request, you will also be given reasonable access to and copies of all relevant records that are used in making the decision. These records will be given to you at no charge. The review will take into account all information about the denied or reduced claim, even if the information was not present or available at the time of the initial determination. In this review, the initial determination of the claim will not be given any weight.

The review will be done by someone different from the original decision-makers and will not take into consideration any prior decisions made in your claim. Because all decisions are based on a preset schedule of dental services that are covered by your plan, claims are not reviewed to determine dental necessity or appropriateness. If we need to consult a professional to determine if a service is covered under your plan's schedule of benefits, we will consult with a dental professional who has appropriate training and experience. This professional will not be the same person who was involved in the initial adverse benefit determination (nor a subordinate of any such person). We will identify any dental professional whose advice was obtained on our behalf, even if the advice was not used in making the benefit determination. If, after review, we continue to deny the claim, you will be notified in writing.

To the extent your plan is covered by ERISA, after you have exhausted all appeals, you may file a civil action under section 502(a) of ERISA.

# **Authorized Representative**

You may authorize another person to represent you and with whom you want us to communicate regarding specific claims or an appeal. However, no authorization is required for your treating dentist to make a claim or appeal on your behalf. The authorization form must be in writing, signed by you, and include all the information required in our Authorized Representative form. This form is available at our web site or by calling Customer Service. You can revoke the authorized representative at any time, and you can authorize only one person as your representative at a time.

# **Payment of Claims**

Indemnity for loss of life will be payable in accordance with the beneficiary designation and the provisions respecting such payment which may be prescribed herein and effective at the time of payment. If no such designation or provision is then effective, such indemnity shall be payable to your estate. Any other accrued indemnities unpaid at your death may, at your option, be paid either to such beneficiary or to such estate. All other indemnities will be payable to you.

# **External review**

If you consider Delta Dental's decision to be partially or wholly adverse to you, you have a right to submit a written request for external review to the Commissioner of Commerce at:

External Review Process
State of Minnesota Department of Commerce 85
7th Place East Street
St. Paul, MN 55101
(651) 539-1600 or 1-800-657-3602

An independent entity contracted with the State will review your request. The independent entity is impartial, separate from and has no affiliation with Delta Dental. The external review decision will not be binding on you but will be binding on Delta Dental. Contact the Commissioner of Commerce above for more information about the external review process or to file a request for a review.

#### **GENERAL INFORMATION**

#### **Health Plan Issuer Involvement**

Delta Dental is the health plan issuer involved with the Plan. Its address is stated on the back cover of this booklet. The benefits under the Plan are guaranteed by Delta Dental under the Contract (for insured plans).

Other than eligibility determinations, which are made by the Plan Sponsor, Delta Dental of Minnesota has the sole authority, discretion and responsibility to interpret and apply the terms of this Program and to determine all factual and legal questions under the Program, including the amount of benefits to be paid under the insurance contract, if any.

# **Privacy Notice**

Delta Dental of Minnesota will not disclose non-public personal financial or health information concerning persons covered under this dental benefit Program to non-affiliated third parties except as permitted by law or required to adjudicate claims submitted for dental services provided to persons covered under this dental benefit Program.

# **Change of Beneficiary**

Unless you make an irrevocable designation of beneficiary, the right to change of beneficiary is reserved to you and the consent of the beneficiary or beneficiaries shall not be requisite to surrender or assignment of this Plan or to any change of beneficiary or beneficiaries, or to any other changes in this Plan.

# **How to Find a Participating Dentist**

A real-time listing of participating dentists is available in an interactive directory at the Plan's user-friendly web site, <a href="www.DeltaDentalMN.org">www.DeltaDentalMN.org</a>. The Plan highly recommends use of the web site for the most accurate network information. Go to <a href="http://www.DeltaDentalMN.org/find-a-dentist">http://www.DeltaDentalMN.org/find-a-dentist</a> and enter your zip code, city or state to find local participating dentists. You can also search by dentist or clinic name. The Web site also allows you to print out a map directing you to the dental office you select. The Find A Dentist Search is an accurate and up-to-date way to obtain information on participating dentists.

To search for and verify the status of participating providers, select "Find A Dentist" on the <a href="https://www.DeltaDentalMN.org">www.DeltaDentalMN.org</a> home page. Select the Product or Network in the drop-down menu, and search by city and state, zip code or provider or clinic name. If your dentist does not participate in the network, you may continue to use that dentist, although you will share more of the cost of your care and could be responsible for dental charges up to the dentist's full billedamount.

If you do not have Internet access, other options are available to find a network dentist or verify that your current

dentist is in the network.

- When you call to make a dental appointment, always verify the dentist is a participating dentist.

  Be sure to specifically state that your employer is providing the Dental program.
- Contact our Customer Service Center at: (800) 448-3815. Customer Service hours are 7 a.m. to 7 p.m., Monday through Friday, Central Time.

# **Using Your Dental Program**

Dentists who participate with Delta Dental under this Program are independent contractors. The relationship between you and the participating dentist you select to provide your dental services is strictly that of provider and patient. Delta Dental cannot and does not make any representations as to the quality of treatment outcomes of individual dentists, nor recommends that a particular dentist be consulted for professional care.

All claims should be submitted within 12 months of the date of service.

If your dentist is a participating dentist, the claim form will be available at the dentist's office.

If your dentist is nonparticipating, claim forms are available by calling: Delta

Dental of Minnesota - (651) 406-5901 or (800) 448-3815

The Plan also accepts the standard American Dental Association (ADA) claim form used by most dentists.

The dental office will file the claim form with the Plan; however, you may be required to assist in completing the patient information portion on the form (Items 1 through 14).

During your first dental appointment, it is very important to advise your dentist of the following information:

- \* YOUR DELTA DENTAL CLIENT NUMBER
- \* YOUR EMPLOYER (CLIENT NAME)
- \* YOUR IDENTIFICATION NUMBER (your dependents must use YOUR Identification number)
- \* YOUR BIRTHDAY AND THE BIRTH DATES OF YOUR SPOUSE AND DEPENDENT CHILDREN

# **Cancellation and Renewal**

The Program may be canceled by the Plan only on an anniversary date of the Client Dental Plan Contract, or at any time the Client fails to make the required payments or meet the terms of the Contract.

Upon cancellation of the Program, Covered Persons of the Client have no right to continue coverage under the Program or convert to an individual dental coverage contract.

# **Physical Examination and Autopsy**

Delta Dental at its own expense shall have the right and opportunity to examine the person of the insured when and as often as it may reasonably require during the pendency of a claim hereunder and to make an autopsy in case of death where it is not forbidden by law.

#### **Time Limit on Certain Defenses**

(a) After two years from the date of issue of this Program no misstatements, except fraudulent misstatements, made by the applicant in the application for such Program shall be used to void the contract or to deny a claim for loss incurred or disability (as defined in the Contract) commencing after the expiration of such two-year period. After this Program has been in force for a period of two years during the lifetime of the insured (excluding any period during which the insured is disabled), it shall become incontestable as to the statements contained in the application. (b) No claim for loss incurred or disability (as defined in the Contract) commencing after two years from the date of issue of this program shall be reduced or denied on the ground that a disease or physical condition not excluded from coverage by name or specific description effective on the date of loss had existed prior to the effective date of coverage of this Program.

# **Legal Actions**

No action at law or in equity shall be brought to recover on this Program prior to the expiration of 60 days after written proof of loss has been furnished in accordance with the requirements of this Program. No such action shall be brought after the expiration of three years after the time written proof of loss is required to be furnished.

# **EMPLOYEE RETIREMENT INCOME SECURITY ACT (ERISA)**

#### **Plan Administration**

The Plan Administrator, who is listed on the inside front cover of this brochure, is a named fiduciary under the Program and shall be responsible for the management and control of this Program.

The Plan Administrator is responsible for determining the level of benefits for the Program as described in this brochure. The Plan Administrator reserves the power at any and from time to time (and retroactively, if necessary or appropriate to meet the requirements of the code or ERISA) to modify or amend, in whole or in part, any or all provisions of the Plan, provided, however, that no modification or amendment shall divest an employee of a right to those benefits to which he or she has become entitled under the Plan.

# **Procedure to Request Information**

If you have any questions about this Program, contact the Plan Administrator who is listed in the inside front cover of this brochure.

# **Statement of ERISA Rights**

As a participant in the Program, you are entitled to certain rights and protection under the Employee Retirement Income Security Act of 1974 (ERISA). ERISA provides that all plan participants shall be entitled to:

- 1. Examine without charge at the Plan Administrator's office and at other specified locations such as work sites and union halls, all Plan documents, including insurance contracts, and copies of all documents such as detailed annual reports and Plan descriptions filed by the Plan with the U.S. Department of Labor.
- 2. Obtain copies of all Plan documents and other Plan information upon written request to the Plan Administrator. The Plan Administrator may make a reasonable charge for thecopies.
- 3. Receive a summary of the Plan's annual financial report. The Plan Administrator is required by law to furnish each participant with a copy of this summary annual report.

In addition to creating rights for Plan participants, ERISA imposes duties upon the people who are responsible for

the operation of the employee benefit plan. The people who operate your Plan, called "fiduciaries" of the Plan, have a duty to do so prudently and in the interest of you and other plan participants and beneficiaries. No one, including your employer, your union, or any other person, may fire you or otherwise discriminate against you in any way to prevent you from obtaining welfare benefits or exercising your rights under ERISA. If your claim for a welfare benefit is denied in whole or in part, you have a right to know why this was done, to obtain copies of documents relating to the decision without charge, and to appeal any denial, all within certain time schedules.

Under ERISA, there are steps you can take to enforce the above rights. For instance, if you request materials from the Plan and do not receive them within 30 days, you may file suit in a federal court. In such a case, the court may require the Plan Administrator to provide the materials and pay you up to \$110.00 a day until you receive the materials, unless the materials were not sent because of reasons beyond the control of the Plan Administrator. If you have a claim for benefits which is denied or ignored, in whole or in part, and if you have exhausted the claims procedures available to you, you may file suit in a state or federal court. If it should happen that plan fiduciaries misuse the Plan's money, or if you are discriminated against for asserting your right, you may seek assistance from the U.S. Department of Labor, or you may file suit in a federal court. The court will decide who should pay court costs and legal fees. If you are successful the court may order the person you have sued to pay these costs and fees. If you lose, the court may order you to pay these costs and fee, for example, if it finds your claim is frivolous. If you have any questions about your Plan, you should contact the Plan Administrator. If you have any questions about this statement or about your rights under ERISA, or if you need assistance in obtaining documents from the plan administrator, you should contact the nearest office of the Employee Benefits Security Administration, U.S. Department of Labor, listed in your telephone directory or the Division of Technical Assistance and Inquiries, Employee Benefits Security Administration, U.S. Department of Labor, 200 Constitution Avenue N.W., Washington, D.C. 20210. You may also obtain certain publications about your rights and responsibilities under ERISA by calling the publications hotline of the Employee Benefits Security Administration.

# **DELTA DENTAL OF MINNESOTA**

# **FOR CLAIMS**

Delta Dental of Minnesota P.O. Box 9120 Farmington Hills, MI 48333-9120 (651) 406-5901 or (800) 448-3815

# FOR ELIGIBILITY

Delta Dental of Minnesota P.O. Box 9124 Farmington Hills, MI 48333-9124 (651) 406-5901 or (800) 448-3815

# **CORPORATE LOCATION**

500 Washington Avenue South
Suite 2060
Minneapolis, MN 55415
(651) 406-5900 or (800) 328-1188
www.DeltaDentalMN.org

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