



Medica Focus[®]

YOUR CARE – UP FRONT AND CENTER.

Medica Focus gives you the care you need, when and where you need it. No matter if you're in your hometown or in another location, you can connect with providers and a system you know and trust. Even better: You'll never need a referral to see a specialist.

Features you'll love

- Choose from any doctor, clinic, or facility in the Medica Focus networks which covers Minnesota, North Dakota, South Dakota, and western Wisconsin.
- Exceptional network discounts and a plan that's easy to use.
- A Travel Program Network you can use when outside the service area (Minnesota, North Dakota, South Dakota, and western Wisconsin). The program's network is one of the largest in the country. And if

you're a parent, even better: It covers your children when they're away at school. If your student is seeking care outside the Medica Focus service area but within Medica's service area of Minnesota, North Dakota, South Dakota, and western Wisconsin, emergency care services will be covered at the in-network benefit level. For other health care services, they will need to access care from a Medica Focus network partner for in-network benefits to apply.



Need help? We're here.

Want to know more about your benefits? Have another question? Call Customer Service at the number on the back of your Medica ID card (TTY: **711**). You can reach us Monday-Friday, 7 a.m.-8 p.m. CT (closed 8 a.m.-9 a.m. Thursdays), and Saturday 9 a.m.-3 p.m. CT. To get information about your benefits or care online, go to **Medica.com/FindCare** and select *Medica Focus*.

- You don't need a referral to see a specialist, but it's a good idea to work closely with your primary care doctor to coordinate your health care needs.