



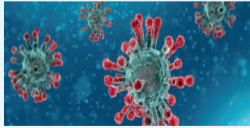

Medica with CHI HealthSM

THE DOCTOR WILL SEE YOU NOW.
ALL 4,000 OF THEM.

Medica and CHI Health are working together to deliver the high-quality health care you deserve, tailored to your unique needs.

Features you'll love

- **One phone number** for questions about care, coverage, and more: **1 (877) 335-9108**.
- **Access to any primary or specialty care provider** in the Medica with CHI Health network without a referral. Need help finding a provider? Try **MyProviderMatch.com** to find one that best suits your needs and interests.
- **Priority Care** provides quick and easy access to providers that treat non-life threatening illnesses and injuries for all ages. Extended hours available, and no appointment needed.
- **Health coaches** to improve your health and navigate chronic conditions like diabetes and high blood pressure.
- **MyChart, a secure online portal** that lets you schedule appointments, pay bills, see test results, request prescription refills, and more. Access MyChart here: **Medica.com/CHIhealth**.



COVID-19

Are you ill and concerned about potential COVID-19 exposure?
[Click here to take our screening questionnaire for advice now.](#)

Get the care you need — when and where you need it

- **Direct access** to more than 4,000 physicians, specialists and advanced practice clinicians, 575 clinics in Nebraska and southwest Iowa, and nearly 40 hospitals.
- **Quick Care** inside select Hy-Vee stores for minor medical care in a walk-in setting. Available to patients who are 18 months or older.
- **Virtual Quick Care** a health care service available online or via phone 24/7/365. Visit with a provider, receive a consultation, and get a prescription, if needed.
- **A Travel Program Network** you can use when outside of Nebraska and western Iowa. The program's network is one of the largest in the country. And if you're a parent, even better: It covers your children when they're away at school. If your student is seeking care in Nebraska or western Iowa, emergency care services will be covered at the in-network benefit level. For other health care services, they will need to access care from a Medica with CHI Health network provider for in-network benefits to apply.

Built-in accountability

Medica with CHI Health is an accountable care organization (ACO). What that means is simple: We partner with a group of doctors, hospitals, and other health care providers to give you high-quality care at a lower cost.

In-network vs. out-of-network

To get the most out of your benefits, remember to see providers in the Medica with CHI Health network. If you get care outside the network, your costs will be much higher. You can find network providers here: [Medica.com/CHIhealth](https://www.Medica.com/CHIhealth).



Need help? We're here.

Want to know more about your benefits? Have another question? Call **1 (877) 335-9108** (TTY: **711**). You can reach us Monday-Friday, 7 a.m. - 8 p.m. CT (closed 8 a.m. - 9 a.m. Thursdays), and Saturday 9 a.m. - 3 p.m. CT. You can also check out [Medica.com/CHIhealth](https://www.Medica.com/CHIhealth).