



Ridgeview Community Network[®] powered by Medica

COVERAGE THAT WORKS. FOR YOU.

Ridgeview Community Network provides a local, integrated care experience that's designed for one person: You. It lets you connect with providers you know and trust to meet your health care needs.

We work with those providers to make finding care as easy as possible for you. Plus we'll provide a Network Navigator to offer extra help when you need it.

Features you'll love

- **Direct access** to any primary or specialty care provider in the Ridgeview Community Network, no referral needed.
- **Network Navigators** to answer questions about your providers, connect you with care, and work closely with Medica as your advocate.
- **Same-day appointment options** at most primary clinics, along with convenient Saturday morning appointments at select clinics.
- **Ridgeview eCare**, which lets you get an online diagnosis, treatment, or even a prescription if you need one.
- **MyChart**, a secure online portal that lets you direct message your provider, schedule or request appointments, view most test results, and more. Sign up at RidgeviewMedical.org/MyChart.
- **Free home delivery of prescriptions.** Find participating pharmacies: RidgeviewCommunityNetwork.org.
- **Personalized and group nutrition services** with a Registered Dietitian. Learn more: RidgeviewMedical.org/Care-Treatment/Diabetes-Care.
- **Free "Meet and Greet" visit**, a 10-minute visit available with in-network primary care providers. Contact any Ridgeview Community Network primary care clinic to schedule.
- **A specially trained pharmacist** who'll make sure your medications are right for your conditions, lifestyle, and budget. This is called Medication Therapy Management. Schedule an appointment: **1 (952) 361-2450 (TTY: 711)**.

Get the care you need — when and where you need it

- **40 primary care clinics** — Ridgeview Clinics, Catalyst Medical Clinic, Lakeview Clinic Ltd., OBGYN West, South Lake Pediatrics, Wayzata Children's Clinics, and Western OB/GYN, A Division of Ridgeview Clinics
- **150+ specialty care partnerships** — all Ridgeview specialty practices and top specialists from across the Twin Cities, including: Children's Minnesota, Twin Cities Orthopedics, Minneapolis Heart Institute®, Allina Health Cancer Institute, Minnesota Oncology, Minnesota Oncology & Ridgeview Cancer & Infusion Center, Abbott Northwestern Neuroscience Institute, Kidney Specialists of Minnesota, Colon and Rectal Surgery Associates, Minnesota Urology, and more
- **Seven hospitals** — Abbott Northwestern Hospital, Children's Minnesota, HCMC, Ridgeview Arlington Campus, Ridgeview Chaska Campus (Two Twelve Medical Center), Ridgeview Le Sueur Campus, and Ridgeview Waconia Campus
- **Five urgent care locations**
 - Set hours at Ridgeview Arlington Campus, Ridgeview Clinics in Delano, Ridgeview Le Sueur Campus, and Ridgeview Clinics in Belle Plaine
 - 8 a.m. to 8 p.m. daily: orthopedic urgent care at Twin Cities Orthopedics in Waconia
- **Behavioral health and chiropractic** providers and pharmacies in Medica's entire network
- **Emergency and urgent care services** covered at the in-network benefit level anywhere in the U.S.
- **A Travel Program Network** you can use when outside the service area (Minnesota, North Dakota, South Dakota, and western Wisconsin). The program's network is one of the largest in the country. And if you're a parent, even better: It covers your children when they're away at school. If your student is seeking care outside the Ridgeview Community Network service area but within Medica's service area of Minnesota, North Dakota, South Dakota, and western Wisconsin, emergency care services will be covered at the in-network benefit level. For other health care services, they will need to access care from a Ridgeview Community Network provider for in-network benefits to apply.

Built-in accountability

Ridgeview Community Network is an accountable care organization (ACO). What that means is simple: We partner with a group of doctors, hospitals, and other health care providers to give you high-quality care at a lower cost.

In-network vs. out-of-network

To get the most out of your benefits, remember to see providers in the Ridgeview Community Network. If you get care outside the network, your costs will be much higher. You can find network providers here: [Medica.com/FindCare](https://www.Medica.com/FindCare) and select *Ridgeview Community Network*.



Need help? We're here.

You can reach our Network Navigators Monday-Friday, 8 a.m. - 4:30 p.m. CT at **1 (952) 442-7860** (TTY: **711**) or Navigator@RidgeviewCommunityNetwork.org. Want to know more about your benefits? Have another question? Get in touch with the Medica Member Services at **1 (888) 592-8202** (TTY: **711**), Monday-Friday, 7 a.m. - 8 p.m. CT, and Saturday 9 a.m. - 3 p.m. CT.