

# MAIN STREET MEDICA



## SHOP FOR CARE ONLINE

Smart consumers demand smart tools. That's why we offer you **MainStreetMedica.com**, an online resource that makes researching health care costs and quality fast and easy. It allows you to shop for health care like you would anything else.

With Main Street Medica, you can:

- » View costs for a variety of procedures and conditions, from allergies to X-rays.
  - Results are color-coded so you can easily identify lower, medium and higher cost providers.
  - You can search by type of service, area of the body or name of the procedure.
- » Compare chiropractic services based on quality and cost.
- » Find suppliers of common medical supplies, also known as durable medical equipment (DME) and see their estimated cost ranges.
- » See tips for how to choose quality health care for you and your family.
- » Review in-depth information on treating back pain, accessing laboratory services and using pharmacy resources.
- » Access resources that compare patient safety and satisfaction.



Check it out for yourself. Take a stroll down **MainStreetMedica.com** and find the information you need to make smart choices about your care.



### DID YOU KNOW?

The cost of care for medical services can vary significantly across health care providers. For example, the cost of an MRI of your knee, can vary from \$350 to more than \$3,000 depending on where you go.

Main Street Medica provides a great way to compare costs and help you maximize your health care dollars.