



EMPLOYER UPDATE

April 2018



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Medica launches new preventive care website for members

Medica launched a new website this month aimed at educating members about recommended routine and preventive care. Different immunizations and screenings are critical at different stages in life for optimal health. When health concerns are caught early, treatments are often available to manage a member's health and keep health care costs lower.

Our interactive site allows visitors to explore the topic of preventive care through a guided experience, which includes three simple steps:

1. Reviewing recommended services
2. Learning where and when to care
3. Finding support through plan-specific health and wellness programs.

There is also a page on the site dedicated to helping members understand preventive care, including the differences between preventive and non-preventive services.

While we stress the importance of developing and maintaining a relationship with a health care provider, we want to continue to be a helpful health resource for our members.



[View preventive care site.](#)

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Medica Employer Assistance Program (EAP) member mailing in April

Many Medica commercial members will receive a Medica EAP awareness postcard in mid-April. The postcard is intended to remind members of some of the valuable resources the EAP offers, especially concerning stress. A list of sample offerings is included on the postcard including covered counseling sessions and financial advice. The postcard can be viewed below.



[View Medica EAP member mailing.](#)

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4members April email newsletter

Active commercial members who have registered on mymedica.com will receive the *4members* email newsletter this week.

4members is available via PDF for employers and brokers who would like to distribute the content. Encourage your employees to register on mymedica.com to receive this member publication.



[View the 4members April 2018 issue.](#)

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Member topic of the month: Deductibles, copayments and coinsurance

Every month we feature ready-made promotional materials for one of our member programs or resources. Print the materials or email them to your employees, whichever

you prefer!

This month we are providing information on deductibles, copayments and coinsurance. The attached tip sheet explains these terms and how they determine out-of-pocket costs.

[View member tip sheet.](#)

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