

 **EMPLOYER UPDATE**

News for employers

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Medica transition to new pharmacy benefit manager

In January, Medica announced the selection of a new pharmacy benefits administrator. Beginning January 1, 2020, Express Scripts, Inc. (ESI) will maintain Medica's drug lists, process claims and help coordinate pharmacy care for Medica members across all segments.

We know how important pharmacy benefits are to our members. Beginning this fall, we will provide Medica members with clear communications about the change and the new features available to them.

We will continue to share important information with you on the timing of all communications and the available resources to assist members with questions.

[Learn more about Medica's pharmacy programs.](#)

Hy-Vee[®] joins the Medica Healthy Savings program

Medica members with access to the Healthy Savings program can now save money on a variety of foods at Hy-Vee stores. Members can use their Healthy Savings card or mobile app to take advantage of savings at all Hy-Vee locations in Illinois, Iowa, Kansas, Minnesota, Missouri, Nebraska, South Dakota and Wisconsin.

Healthy Savings helps families save money each month on healthy foods. The Healthy Savings Program is offered at no additional cost to all self-insured and fully insured commercial members living within 30 miles of a participating grocery retailer.

[View the Healthy Savings webpage](#) to learn more and share the **[Healthy Savings member flier](#)** with your employees to help them make healthy eating easier.

Behavioral health support tools for members

Medica members looking for extra help and support can find valuable resources on **[LiveAndWorkWell.com](#)** (access code: MEDICA). This website is a dedicated member portal with hundreds of self-help and online resources, including access to:

- An anonymous substance use disorder (SUD) helpline and online chat
- Behavioral health claims and coverage information
- Online Cognitive Behavioral Therapy for substance abuse recovery and behavioral health issues
- Provider search
- Videos, webinars, articles and other tools

Share the **Live and Work Well member flier** with your employees and encourage them to take advantage of this helpful resource when they need it.

Let's stay connected!

In this era of social media, we want to be visible and stay connected with our members and employers. We've ramped up our social media presence to deliver helpful content for all audiences.

Our social media posts cover a variety of topics, including:

- Health, wellness and safety tips
- Medica's involvement in the community
- Tips on managing your health plan
- Health insurance industry news

Check us out! Find us on **Facebook** and **Twitter** by searching *Medica4Me*, and on **LinkedIn** by searching *Medica*.



4members April email newsletter

The *4members* email newsletter will be distributed this week. Active commercial members who have registered on **mymedica.com** will receive these emails.

4members is available via PDF for employers and brokers who would like to distribute the content. Encourage your employees to register on **mymedica.com** to receive this member publication.

View the 4members April 2019 issue.



Member topic of the month: When and where to get care

Every month we feature ready-made promotional materials for one of our member programs or services. Print the flier or email it to your employees, whichever you prefer!

The topic this month is "When and where to get care." When members need care, they have several different care options to choose from - a primary care clinic, convenience care, virtual care, urgent care or the emergency room. The flier linked below helps members gain a better understanding of their options so they can save both time and money when they need to seek care.

View "When & where to get care" flier.

LET'S STAY CONNECTED! FOLLOW US ON SOCIAL MEDIA



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