

EMPLOYER UPDATES

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Medica offices will be closed on Monday, Jan. 21 for Martin Luther King Jr. Day.

Rob Geyer joins Medica in new chief operations officer role

Rob Geyer recently joined Medica as chief operations officer. In this newly created position, Geyer provides operational leadership across the organization and is responsible for Medica's operational and technology personnel as well as the process and system infrastructure in place to support Medica's growth. He reports to Medica President and Chief Executive Officer John Naylor.

Geyer has more than 20 years of executive leadership experience in the health insurance industry, most recently as CEO of Reta Trust, a California-based nonprofit health care trust that provides access to affordable and quality health care to Catholic organizations throughout the United States. Previously, Geyer held executive leadership positions at California Health and Wellness, a Centene corporation, as well as Blue Shield of California.



Group administrator training in February

Group administrator training is scheduled for Feb. 5, 2019 at Medica headquarters in Minnetonka, Minn., for fully insured employers. This training will walk you through plan administration, from how to get started to adding new employees, where to get your questions answered, and more.

A health and wellness expert will also share strategies and tools to engage your employees in healthier lifestyles and help them make the most of their Medica plan. You'll also get an overview of how to administer your benefits online with Employer eServices[®]. There is no cost to attend this training.

For more information or to register, please visit medicatraining.com.

2019 Employer Action Plan Calendar and Worksite Wellness resources

Employers can promote healthy living and build awareness of Medica plan resources with our updated Action Plan Calendar and Worksite Wellness webpage. The 2019 calendar features select resources for employers to focus on each month, with convenient self-service access available on our Worksite Wellness webpage. Topics include preventive care, My Health Rewards by Medica® activities, behavioral health and more.

[Explore the resources and calendar.](#)

Member topic of the month: Member tip sheets

Every month we feature ready-made promotional materials for our member programs or services. Print the fliers or email them to your employees, whichever you prefer!

The topic this month is Medica's member tip sheets. The tip sheets help members learn more about how their plan works and answer questions about health accounts, out-of-pocket costs, preventive care, where to get care and more.

[View member tip sheets.](#)



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