

 EMPLOYER UPDATE

News for employers

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Are you ready for flu season? Start planning for fall worksite flu vaccine clinics

As part of our commitment to help keep your employees healthy and productive, Medica is supporting worksite flu vaccine programs this fall. An email about program participation will be sent to you in July to promote the importance of flu vaccines and to feature participating providers who are offering worksite flu vaccine clinics.

To participate, a coordinator should be designated to handle scheduling, promotion, pre-registration and same-day registration for the clinic. The coordinator should contact one of the participating vendors to schedule a worksite clinic.

If you have questions, email the Medica Service Center at medicaservicecenter@medica.com or call 952-992-2200 or 800-936-6880.

Fresh farmers market savings are here

Summer is in full swing and so are the savings at local farmers markets. Medica members participating in the Healthy Savings program can receive a voucher for one free tray of produce, up to \$3.00, at participating farmers markets.

Members can also check their Healthy Savings shopping list on the mobile app each week to see if their local market offers the produce voucher. If your market does not accept Healthy Savings yet, you can ask the market manager to email HealthySavings@solutran.com to learn more.

[View participating farmers market locations and dates.](#)

2020 HSA contribution limits

The Internal Revenue Service (IRS) recently announced the maximum single and family contribution limits to a health savings account (HSA) for 2020. The maximum single HSA contribution limit increased from \$3,500 to \$3,550 for 2020. The maximum family HSA contribution limit increased from \$7,000 to \$7,100 for 2020.

	2019	2020
Maximum annual HSA contribution amount (employer + employee)	\$3,500 (single) \$7,000 (family)	\$3,550 (single) \$7,100 (family)

2019 Midwest Health Promotion Conference

Are you looking to recharge your passion for well-being? Mark your calendar for the 2019 Midwest Health Promotion Conference. Medica is a sponsor of the event.

Learn how to support one's health journey with three powerful wellness themes: Intention, Inspiration and Influence. Recharge your passion by connecting with like-minded people, sharing ideas, discovering solutions and learning new ways to grow your well-being offerings.

Date: Wednesday, September 18, 2019

Location: St. Paul RiverCentre, St. Paul, MN

[View conference schedule and register now.](#)

Register by August 5, 2019, for the best rates.

Member topic of the month: My Health Rewards by Medica®

Every month we feature ready-made promotional materials for one of our member programs or resources. Print the materials or email them to your employees, whichever you prefer!

The topic this month is My Health Rewards by Medica*, our member incentive program. This personalized program motivates employees to make better health decisions. You can use our promotional materials to raise awareness of the program and encourage your employees to participate.

[View promotional materials.](#)

** My Health Rewards is included with fully insured plans and is a standard offering for self-insured plans.*

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