

 EMPLOYER UPDATE

News for employers

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## Medica transition to new pharmacy benefit manager, Express Scripts®, on track for 2020

As previously mentioned, starting Jan. 1, 2020, all members with pharmacy benefits through Medica will transition to our new pharmacy benefit manager (PBM), Express Scripts®.

We know how important pharmacy benefits are to our members. To minimize the impact of this transition, Medica will make no changes to the current insulin products and blood glucose test strips. There are other changes to pharmacy benefits that will impact a small percentage of Commercial members. For example, some members may experience changes in quantity limits, drug tiers, prior authorization or step therapy requirements.

The timeline of our planned communications is as follows:

Date of Communication	Audience	Summary of Communication
September – December	Providers	A series of educational communications includes emails, postcards, webinars and newsletters.
Oct. 7	Brokers, employers, members	Launch of a unique website designed to assist all audiences. <b>Medica.com/RxChanges</b> will provide answers to frequently asked questions and details about pharmacy resources.
Oct. 7 - 14	Brokers and employers	This communication will include a sample member letter and overall member impact.
Oct. 25	Members	Letters released to members impacted by a pharmacy benefit change.
December	Members	New ID cards mailed to all Medica members.

To further assist members and their prescribers during this transition, we have set up a special website to give easy access to 2020 resources. This website will be available in early October. Visitors will be able to view the 2020 drug lists, use the Express Scripts drug search and pharmacy locator tools and receive answers to frequently asked questions.

Reminder: There will be no change to high-cost specialty drug management or medical pharmacy management.

## Covered visit increase for Medica® Optum® Employee Assistance Program

The Employee Assistance Program (EAP) is available 24/7 to assist with a variety of tough issues employers, members and their families may face. Beginning Sept. 1, 2019, your employees have access to five counseling sessions per issue per year covered at 100%, up from three counseling sessions previously, through EAP.

Share the following materials with your employees and encourage them to take advantage of this helpful resource when they need it.

[View member flier.](#)  
[View member poster.](#)

View the [employer flier](#) to learn more about EAP services or explore available training at [medica.com/EAPtraining](https://medica.com/EAPtraining).

*EAP is provided by Medica® Optum®. EAP is optional for self-insured employers and integrated in fully insured plans.*

## Learn about the new My Health Rewards experience coming Jan. 1, 2020

Join us at one of our learning sessions listed below to learn more about the new My Health Rewards by Medica® experience coming Jan. 1, 2020.

The learning sessions will include a live demo of the new My Health Rewards portal and materials to promote the program with members.

Location	When	Register
Medica Headquarters Minnetonka, MN	Tuesday, Oct. 8 9:30-11 a.m.	<a href="#">Register now</a>
Medica Headquarters Minnetonka, MN	Monday, Oct. 14 1:30-3 p.m.	<a href="#">Register now</a>
Country Inn & Suites by Radisson St. Cloud, MN	Wednesday, Oct. 16 1-2:30 p.m.	<a href="#">Register now</a>
Medica Fargo Office Fargo, ND	Tuesday, Oct. 29 9-10:30 a.m.	<a href="#">Register now</a>

## Medica Foundation annual report

Last month Medica released the annual corporate Power of Community report that highlights our commitment to social responsibility and employee engagement. It tells the stories of how we're building relationships with the people and communities we serve across the heart of America, so that together we can harness the power to make positive changes in peoples' health and lives.

[See Medica's latest Power of Community report.](#)

## National HSA Awareness Day is Oct. 15

National HSA Awareness Day unites the public and healthcare benefits industry to discuss the power of health savings accounts (HSAs) and their impact in fighting prevalent healthcare issues facing Americans today, including managing health-related out-of-pocket expenses, preparing for unexpected healthcare costs and planning for retirement.

[Register for a live broadcast](#) on Oct. 15 at 2 p.m. and learn from Jean Chatzky, host of HerMoney podcast and educational ambassador for HSA Day, about why HSAs are so important.

## Member topic of the month: Medica Premium Designation Program

Every month we feature ready-made promotional materials for one of our member programs or resources. Print the materials or email them to your employees, whichever you prefer!

The topic this month is the Medica Premium Designation Program. This program evaluates primary care and specialty care physicians and is available to Medica members at no additional charge. Members can see which physicians meet the Premium Designation criteria on our online provider search tool.

[View Medica Premium Designation flier.](#)

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