Enrolling in Individual and Family Health Plans

Medica Individual and Family Health Plans Change Form

2020 NORTH DAKOTA CHANGE FORM

This form may be used to complete the following changes to your current Medica plan:

- Name or address change
- Newborn or adoption addition
- Qualified dependent addition
- Member termination
- Change in marital status
- Qualified plan change

General Information

- Address or name change (Sections B and C) or terming individuals from the policy (Section E) can be completed at any time using this form.
- You may only make changes to your current health plan during the annual Open Enrollment Period (Nov. 1 – Dec. 15, 2019) or within 60 days of a special enrollment event. For a list of special enrollment events and to make your new plan selection, see Section D.
- You may be qualified to lower your monthly premium amount through a Cost Sharing Reduction (CSR) and/or an Advance Premium Tax Credit (APTC). To determine your eligibility, please visit healthcare.gov.

Coverage Start Date

- If you qualify for a Special Enrollment Period, coverage may start on the first of any month within your Special Enrollment Period. Some special enrollment events, such as having or adopting a child, allow coverage to start on the date of the event. In most cases, you must enroll within 60 days of your life event. If you do not choose a coverage start date it will be the next available date.

I’m requesting my coverage starts on (mm/dd/yy): ___/___/___

Have a Question?
Call Customer Service at the number on the back of your Medica ID card.

A MEMBER INFORMATION

Note: This section must be completed.

Subscriber
First name    Middle initial    Last name    Social Security number

Current member ID number    Preferred telephone number    Alternative telephone number

B ADDRESS CHANGE* (if applicable)

Old address
Street
City
State    Zip code
Email address (Optional)

New address
Street
City
State    Zip code
Email address (Optional)

Note: Providing your email address does not sign you up for electronic correspondence of plan materials.

C NAME CHANGE* (if applicable)

Old name
First name    Middle initial    Last name

New name
First name    Middle initial    Last name

*A special enrollment event is not needed to report these changes.
ENROLLMENT CRITERIA (if applicable)

Please select your enrollment reason below:

- Annual Open Enrollment Period
- Birth of child
- Adoption or placement for adoption
- Marriage
- Permanent move that changes your Medica plan options
- Involuntary loss of minimum essential coverage due to (e.g. divorce, job loss or COBRA coverage ending)
- Other ____________________________

For any special enrollment event, please provide the date of the event: _____________________________________________

Note: Please provide supporting documentation of your special enrollment event with this form.

Would you like to keep your current Medica plan?

- Yes
- No If no, please follow the instructions below. We can only process your request if this section is complete.

Note: Network availability varies by place of residence. To view Summary of Benefits and Coverage (SBC) documents, visit medica.com/IndividualPlansND.


- Altru Prime by Medica℠
  Available in Benson, Eddy, Grand Forks, Griggs, Nelson, Ramsey, Steele and Walsh county.

- Medica Individual Choice℠
  Not available in Burke, Divide, McKenzie and Mountrail county.

2. Choose your plan:

GOLD PLAN

- Gold Copay – 30% coinsurance after deductible
  One person coverage: $750 deductible
  Family coverage: $2,250 deductible

Note: Medica Individual Choice Gold Copay is not available in Benson, Eddy, Grand Forks, Griggs, Nelson, Ramsey, Steele, or Walsh county.

SILVER PLANS

- Silver Copay – 40% coinsurance after deductible
  One person coverage: $4,600 deductible
  Family coverage: $13,800 deductible

- Silver Share – 50% coinsurance after deductible
  One person coverage: $1,000 deductible
  Family coverage: $3,000 deductible

BRONZE PLANS

- Bronze Share Plus – 50% coinsurance after deductible
  One person coverage: $1,600 deductible
  Family coverage: $4,800 deductible

- Bronze HSA – 20% coinsurance after deductible
  One person coverage: $6,400 deductible
  Family coverage: $12,800 deductible

- Bronze Copay – 50% coinsurance after deductible
  One person coverage: $7,000 deductible
  Family coverage: $14,000 deductible

CATASTROPHIC PLAN

- Catastrophic – 0% coinsurance after deductible
  One person coverage: $8,150 deductible
  Family coverage: $16,300 deductible

Note: Catastrophic plans are only available to individuals and families under 30 or those who qualify for an eligible exemption. Visit healthcare.gov for more information about eligible exemptions and to get the form(s) you need to enroll in coverage.
### ADDITIONS OR TERMINATIONS (if applicable)

List each person that is being added or termed from the policy. Add additional pages if necessary.

<table>
<thead>
<tr>
<th></th>
<th>First name</th>
<th>Middle initial</th>
<th>Last name</th>
<th>Birthdate</th>
<th>Tobacco user*</th>
<th>Relationship to applicant</th>
<th>Social Security number</th>
<th>Sex</th>
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**F  AUTHORIZATION AND REPRESENTATION**

**TO BE SIGNED BY SUBSCRIBER**

I understand and agree this change form will not alter any other limitations, conditions, provisions or exclusions that were part of my policy or application prior to the effective date of this plan change.

I understand that my premium may be impacted by the change(s) requested on this form. I will be responsible for any additional premium amount due from the effective date of the change(s). I understand that any reduction in premium will be reflected on the monthly billing invoice.

The information provided on this form is accurate and complete. I understand and agree that any omissions of incorrect statements knowingly made by me on this form may invalidate my coverage.

By signing below, I agree that this change form amends the original application. This change form will be incorporated into and made part of the application form and the policy.

Please provide signature below if subscriber is under age 18:

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<th>Signature of subscriber</th>
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<th>Signature of parent or legal guardian</th>
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I authorize Medica to make the change(s) to my policy as requested by the subscriber and as identified on this change form.

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<th>Signature of additional member age 18 or older</th>
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**Mail Completed Change Form**

Medica Health Plans  
Mail Route CW195IFB  
PO Box 9310  
Minneapolis, MN 55440-9310

**Fax Completed Change Form**

952-992-2511

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**Tobacco user**

Tobacco user is defined as using tobacco products (for example cigarettes, cigars, smokeless tobacco, e-cigarettes) four or more times a week on average (other than for religious or ceremonial purposes) within the last six months. This only applies to individuals age 18 and over.
MEDICA PRIVACY NOTICE

Medica takes its responsibility of protecting your personal information seriously. Where possible, Medica de-identifies or encrypts personal information. We use and disclose personal information only to the extent necessary to conduct treatment, payment and health care operations, or to comply with legal, regulatory or accreditation requirements.

Medica and its business associates obtain, maintain, use and share personal information to carry out certain routine activities. Routine activities include: (i) treatment-related activities, such as referring you to a doctor or other provider; (ii) payment-related activities, such as paying a claim for medical services rendered; and (iii) health care operations, such as professional peer review.

The law also gives you rights to access, copy, and amend your personal information. You have the right to request restrictions on certain uses and disclosures of your personal information. You also have the right to obtain information about how and when your personal information has been used and disclosed.

Medica's full Privacy Notice is available upon request by calling 1-855-347-5002 (TTY: 711) or by going to medica.com.
Discrimination is Against the Law

Medica complies with applicable Federal civil rights laws and will not discriminate against any person on the basis of race, color, national origin, age, disability or sex. Medica:

• Provides free aids and services to people with disabilities to communicate effectively with us, such as: TTY communication and written information in other formats (large print, audio, other formats).

• Provides free language services to people whose primary language is not English, such as: Qualified interpreters and information written in other languages.

If you need these services, call the number included in this document or on the back of your Medica ID card. If you believe that Medica has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability or sex, you can file a grievance with: Civil Rights Coordinator, Mail Route CP250, PO Box 9310, Minneapolis, MN 55443-9310, 952-992-3422 (phone/fax), TTY 711, civilrightscoordinator@medica.com.

You can file a grievance in person or by mail, fax, or email. You may also contact the Civil Rights Coordinator if you need assistance with filing a complaint.


If you want free help translating this document, call 1-800-952-3455.

Si desea recibir asistencia gratuita para la traducción de este documento, llame al 1-800-952-3455.

Yog koj xav tau kev pab dawb txhais daim ntawv no, hu rau 1-800-952-3455.

如果您需要我們免費幫您翻譯此文件，請致電 1-800-952-3455。

Nếu quý vị muốn giúp dịch tài liệu này miễn phí, gọi 1-800-952-3455.

Sanadnikun kaffaltimaleeakkaisiniihiikamuuyoobarbaadd-an 1-800-952-3455 tiinbibilaa.

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कृपया अनुवादक की मदद के लिए यह संख्या का उपयोग करें: 1-800-952-3455.

Kung nais mo ng ibreng tulong sa pagasalin ng dokumentong ito, tumawag sa 1-800-952-3455.

Ako želite besplatnu pomoć za prijevod ovog dokumenta, nazovite 1-800-952-3455.

T’aá jiik’ë díi naaltsoos t’aá nízaadk’chíjí beec shí k’a’adoowol níziñóo kojjí hodiíñih, 1-800-952-3455.

Wenn Sie kostenlose Hilfe zur Übersetzung dieses Dokuments wünschen, rufen Sie 1-800-952-3455 an.