MEDICA’S PROVIDE-A-DENTIST PROGRAM

FOR MEMBERS ON MINNESOTA HEALTH CARE PROGRAMS

PROVIDE-A-DENTIST PROGRAM

You make and keep an appointment with a dentist.

Work with your Care Coordinator, explore your provider directory or go online at medica.com to find a dentist and make an appointment.

If you can’t find a dentist who has openings, call Delta Dental of Minnesota (Delta Dental) Customer Service and let them know you need help getting an appointment. They will connect you to a Provide-A-Dentist Access Care Coordinator.

The Provide-A-Dentist Access Care Coordinator will help you:

- Find a dentist in Delta Dental’s Minnesota Select Dental Network
- Schedule an appointment
- Set up a round-trip and no-cost ride to your dental appointment
- Schedule appointments for follow-up dental care, if needed

Tips for Healthy Teeth

- Brush your teeth twice a day
- Use a toothbrush with soft bristles
- Use toothpaste with fluoride
- Replace your toothbrush every three or four months
- Floss your teeth once a day, after your last meal or snack of the day
- Have regular checkups with your dentist
- See your dentist right away if you are having problems with your teeth or gums

This service is available to Medica members of:

Medica Choice Care℠ MSC+
Medica Accessibility Solution®
Medica DUAL Solution®
Medica AccessAbility Solution® Enhanced

CONTACT US


Monday – Friday:
8 a.m. - 5 p.m.

Phone:
651-406-5919 or 1-800-459-8574 (toll free)
TTY: 711
This is not a complete list. The benefit information is a brief summary, not a complete description of benefits. For more information call Member Services or read the Member Handbook.

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Medica DUAL Solution® and Medica AccessAbility Solution® Enhanced are health plans that contract with both Medicare and the Minnesota Medical Assistance Program (Medicaid) to provide benefits of both programs to enrollees. Enrollment in Medica Dual Solution and Medica AccessAbility Solution Enhanced depends on contract renewal.

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