

# HEALTHY SAVINGS PROGRAM

FOR MEDICA ADVANTAGE SOLUTION®  
(HMO), (HMO-POS) & (PPO) MEMBERS



Medica cares about your health. In 2020, Medica is introducing a new plan feature for members with chronic conditions that meet certain criteria, designed to help you make better choices at the grocery store and save money while doing it! And it's super easy.

## Here's How it Works:

You have been identified as eligible for a special supplemental benefit and will receive a special mailing that includes a personal Healthy Savings card. There's no extra cost for Healthy Savings; it's just another benefit of being a Medica member! Get big savings on fresh produce at many of your local favorite grocery retailers including: Hy-Vee, Cub, Coborns, Cash Wise, Lunds & Byerlys and many more. For complete program details, store locator and terms and conditions, go to [Medica.com/HealthySavings](https://www.Medica.com/HealthySavings).



### Fresh Produce Discounts

You can save 50% on fresh fruits and vegetables up to \$65 per quarter. That can add up to hundreds of dollars in savings each year. Plus, each week the card or app will be automatically loaded with additional savings for you on the healthiest one-third of foods in the grocery store. Simply purchase fresh produce or any of the promoted foods, scan the card or app at checkout, and save instantly.



### Customize Grocery Lists

Save time and shop smarter when you use the grocery list feature on the Healthy Savings website and mobile app. You create a customized grocery list that includes the savings for the week and any other items you'd like to include to remind you to shop and eat healthy!

# TWO WAYS TO SAVE

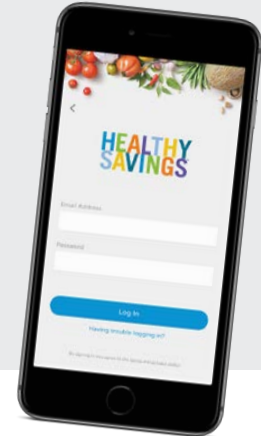


## Use Your Healthy Savings Card

Simply shop for your favorite fresh fruits and vegetables and other healthy foods with savings that week. Then scan your card at check out to save at any participating grocery store.

## Use the Healthy Savings App

With the Healthy Savings app, there is no need to carry an extra card in your wallet. Download the app on Google Play or at the Apple App Store. Shop the same healthy foods, scan your Healthy Savings bar code on the app at check out to save.



## LOSE YOUR CARD?

No problem. You may request a new card online on the Healthy Savings website at [MedicaHealthySavings.com/Help/ContactUs](https://www.MedicaHealthySavings.com/Help/ContactUs). Make sure to report your current card as lost and enter your mailing address in the Message field. Replacement cards may take up to 45 days to receive in the mail. In the meantime, you can print a shopping list via the My List page and use the barcode that prints at the bottom of the page at checkout.

Or, you can use the Healthy Savings mobile app to access your savings. Download the mobile app from the Apple App Store or Google Play. Have the cashier scan the barcode on the mobile app at checkout to get your instant savings. You can find the barcode on the mobile card on the My Barcode page or you can print a temporary card.



## Have a question?

Call Customer Service at **1-866-269-6804** for MN Medica Advantage Solution members (TTY: 711) or **1-866-398-7374** (TTY: 711) for IA and NE Medica Advantage Solution with CHI Health members  
**October 1–March 31:** 8 a.m. to 8 p.m. Central, seven days a week  
**April 1–September 30:** 8 a.m. to 8 p.m. Central, Monday-Friday

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**If you want free help translating this document, call 1-800-952-3455.**

Si desea recibir asistencia gratuita para la traducción de este documento, llame al 1-800-952-3455.

Yog koj xav tau kev pab dawb txhais daim ntawv no, hu rau 1-800-952-3455.

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