

## 2023 Medica Generic First Preventative Drug List

Certain health plans provide a specific benefit for preventive outpatient drugs that are considered maintenance drugs used to treat common disease states. Plan terms vary and members should consult their benefit plan documents to determine whether they have coverage for preventive maintenance drugs and, if so, with lower or no member cost sharing.

This list is not all inclusive and does not indicate coverage. Some strengths or dosage forms may not be included in the Preventive Drug List, regardless of their appearance in this document. Certain products or categories may not be covered or may be subject to utilization management edits such as step therapy, prior authorization or quantity limits.

Please check with your plan provider should you have any questions about coverage.

### ASTHMA/COPD

arformoterol  
 albuterol HFA  
 albuterol nebulizer solution  
 albuterol oral  
 budesonide oral inhalation  
 cromolyn nebulizer solution  
 ipratropium/albuterol  
 nebulizer solution  
 ipratropium nebulizer solution  
 fluticasone/salmeterol  
 formoterol  
 levabuterol nebulizer solution  
 metaproterenol  
 montelukast  
 terbutaline oral  
 theophylline  
 wixela inhub  
 zafirlukast  
 zileuton er

### BONE DISEASE AND FRACTURES

alendronate  
 ibandronate oral  
 raloxifene  
 risedronate  
 risedronate dr

### COLONOSCOPY PREPARATION\*

gavilyte-c  
 gavilyte-g  
 gavilyte-n  
 polyethylene glycol

### DEPRESSION

citalopram  
 escitalopram  
 fluoxetine  
 fluoxetine dr  
 fluvoxamine  
 fluvoxamine er  
 paroxetine  
 paroxetine er  
 sertraline

### DIABETES

acarbose  
 generic syringes, lancets and  
 needles  
 glimepiride  
 glipizide  
 glipizide er  
 glipizide/metformin  
 glyburide  
 glyburide micronized  
 glyburide/metformin  
 metformin  
 metformin er  
 miglitol  
 nateglinide  
 pioglitazone  
 pioglitazone/glimepiride  
 pioglitazone/metformin  
 repaglinide  
 repaglinide/metformin

### HEART DISEASE AND STROKE

#### BLOOD THINNERS

aspirin, 81 mg & 325 mg\*  
 aspirin-dipyridamole er  
 clopidogrel  
 dabigatran  
 dipyridamole  
 jantoven  
 prasugrel  
 warfarin

#### CHOLESTEROL LOWERING

#### HMG-COA REDUCTASE INHIBITORS\*

atorvastatin  
 fluvastatin  
 fluvastatin er  
 lovastatin  
 pravastatin  
 rosuvastatin  
 simvastatin

#### OTHER CHOLESTEROL LOWERING AGENTS

amlodipine/atorvastatin  
 cholestyramine  
 cholestyramine light  
 colestevam  
 colestipol  
 ezetimibe  
 ezetimibe/simvastatin  
 fenofibrate  
 fenofibric acid  
 fenofibric acid dr

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## OTHER CHOLESTEROL LOWERING AGENTS (continued)

gemfibrozil  
icosapent ethyl  
niacin  
niacin er  
prevalite

## HIGH BLOOD PRESSURE

### ACE INHIBITORS

benazepril  
captopril  
enalapril  
fosinopril  
lisinopril  
moexipril  
perindopril  
quinapril  
ramipril  
trandolapril

### ACE INHIBITORS/DIURETIC COMBINATIONS

benazepril/hctz  
captopril/hctz  
enalapril/hctz  
fosinopril/hctz  
lisinopril/hctz  
quinapril/hctz

### ANGIOTENSIN II RECEPTOR ANTAGONISTS

candesartan  
eprosartan  
irbesartan  
losartan  
olmesartan  
telmisartan  
valsartan

### ANGIOTENSIN II RECEPTOR ANTAGONISTS/DIURETIC COMBINATIONS

candesartan/hctz  
irbesartan/hctz  
losartan/hctz  
olmesartan/hctz  
telmisartan/hctz  
valsartan/hctz

### BETA BLOCKERS

acebutolol  
atenolol  
betaxolol  
bisoprolol  
metoprolol succinate er  
metoprolol tartrate  
nadolol  
nebivolol  
pindolol  
propranolol  
propranolol er  
timolol

### BETA BLOCKER/DIURETIC COMBINATIONS

atenolol/chlorthalidone  
bisoprolol/hctz  
metoprolol/hctz  
nadolol/bendroflumethiazide  
propranolol/hctz

### CALCIUM CHANNEL BLOCKERS

amlodipine  
cartia xt  
diltiazem  
diltiazem cd  
diltiazem er  
dilt xr  
felodipine er  
isradipine  
matzim la

### CALCIUM CHANNEL BLOCKERS (continued)

nicardipine  
nifedipine  
nifedipine er  
nisoldipine er  
tiadyt er  
taztia xt  
verapamil  
verapamil er  
verapamil er pm  
verapamil sr

### DIURETICS

chlorothiazide  
chlorthalidone  
hydrochlorothiazide  
indapamide  
metolazone

### OTHER HIGH BLOOD PRESSURE COMBINATIONS

amlodipine/atorvastatin  
amlodipine/benazepril  
amlodipine/olmesartan  
amlodipine/olmesartan/hctz  
amlodipine/telmisartan  
amlodipine/valsartan  
amlodipine/valsartan/hctz  
trandolapril/verapamil er

### MISC ANTIVIRALS\*

emtricitabine/tenofovir disoproxil fumarate (TDF) 200mg/300mg

### SMOKING-CESSATION\*

bupropion sr 150mg  
nicotine gum, lozenges and patches  
varenicline

### VITAMINS OR MINERALS\*

folic acid  
generic prenatal vitamins  
generic pediatric multivitamins with fluoride

\*Please note that some of these medications are also subject to the Affordable Care Act (ACA) and may be covered by your plan at 100%.

**Express Scripts manages your prescription benefit for your employer, plan sponsor, or health plan. For specific questions on coverage, please call the phone number on your member ID card or visit our website [express-scripts.com](https://www.express-scripts.com).**

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