Reimbursement Policy

<table>
<thead>
<tr>
<th>Title: Emergency Telemedicine (Excluding Minnesota Health Care Programs)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Policy Number: E-RP-P-395X</td>
</tr>
<tr>
<td>Application: Medicare (Cost &amp; MA), Commercial, &amp; Individual &amp; Family (IFB) MN, ND, SD, WI, IA, NE, KS, MO, and OK</td>
</tr>
<tr>
<td>Last Updated: 04/22/2020</td>
</tr>
<tr>
<td>Effective Date: March 6, 2020</td>
</tr>
</tbody>
</table>

Related Policies:
- Emergency Telemedicine for Minnesota Health Care Program Members
- Telephone and Virtual Care Services

Disclaimer: This reimbursement policy is intended to provide general guidance regarding Medica’s policy for the services described, and does not constitute a guarantee of payment. You are responsible for submitting accurate claims. Factors affecting claims reimbursement may include, but are not limited to, state and federal laws, regulations and accreditation requirements, along with administrative services agreements, provider contracts, and benefit coverage documents. Coding methodology and industry standards are also considered in developing reimbursement policy.

Medica routinely updates reimbursement policies, and new versions are published on this website. If you print a copy of this policy, please be aware that the policy may be updated later, and you are responsible for the information contained in the most recent online version. Medica communicates policy updates to providers via Medica’s monthly e-newsletter, Medica Connections®, as well as through Medica Provider Alerts.

All content included on the provider portion of medica.com is an extension of providers’ administrative requirements, which all Medica network providers are contractually obligated to follow.

This Emergency Policy is effective for claims with dates of service starting March 6, 2020. This Emergency Policy will remain in effect for dates of service through June 16, 2020. Medica will continue to evaluate possible extensions of this Emergency Policy (for some or all products) for the duration of the federally declared Public Health Emergency (PHE). At the expiration of the PHE, this Emergency Policy shall terminate (except to the extent a longer term is required by applicable law, as noted in the Product and State Specific table, below.)

Summary:
Telemedicine is the delivery of health care services or consultations while the patient is at an originating site and the licensed health care provider is at a distant site.

Policy Statement:
For all members, excluding Minnesota Health Care Program (MHCP) Members:

To be eligible for reimbursement, the member (patient) must be at an originating site and the provider is at a distant site. Payment is allowed for the following services:

- Interactive audio and video communications that permit real-time communication between the distant site physician or practitioner and the patient (this service is identified by appending the GT modifier to the procedure code). The services must be of sufficient audio and visual fidelity and clarity as to be functionally equivalent to a face-to-face encounter (this includes, but not limited to, Skype and
Face-Time). Note: During the COVID-19 Public Health Emergency Period, if the video component is inaccessible, that requirement may be waived (some codes are only available with simultaneous video).

- “Store and Forward,” which means the transmission of a patient’s medical information from an originating site to be reviewed at a later time by a physician or practitioner at the distant site for the purpose of providing or supporting health care delivery, which facilitates the assessment, diagnosis, consultation, treatment, education, and care management of a patient’s health care (this service is identified by appending the GQ modifier to the procedure code). Medical information may include without limitation: video clips, still images, X-rays, MRIs, EKGs, laboratory results, audio clips and text. The physician at the distant site reviews the case without the patient being present. Store and Forward substitutes for an interactive encounter with the patient present (i.e., the patient is not present in real-time).

**Originating Site**

“Originating site” means a site at which a member (patient) is located at the time health care services are provided to the member by means of telemedicine. The originating site is the location of a member at the time the service is being furnished via a telecommunication system. Authorized originating sites are listed below:

- Office of physician or practitioner;
- Hospital (inpatient or outpatient);
- Home
- Critical-access hospital (CAH);
- Rural health clinic (RHC) and federally qualified health center (FQHC);
- Hospital-based or CAH-based renal dialysis center (including satellites)
- Skilled nursing facility (SNF);
- End-stage renal disease (ESRD) facilities;
- Community mental health center;
- Residential Substance Abuse Treatment Facility
- Other eligible medical facilities

**Distant Site**

“Distant Site” means a site at which a licensed health care provider is located while providing health care services or consultations by means of telemedicine. Providers billing for these services should use Place of Service (POS) ‘02’ or the appropriate telemedicine modifier to distinguish they are billing for “Distant site” telemedicine services.

**Eligible Providers**

The following provider types are eligible to provide telemedicine services:

- Audiologist
- Certified Genetic Counselor
- Clinical Nurse Specialist
- Clinical Psychologist
- Clinical Social Worker
- Licensed Professional Clinical Counselor
Licensed Marriage and Family Therapist
Licensed Drug & Alcohol Counselor
Dentist
Nurse Midwife
Nurse Practitioner
Occupational Therapist
Physical Therapist
Physician
Physician Assistant
Podiatrist
Registered Dietitian or nutrition professional
Speech Therapist

Eligible Services
The Current Procedural Terminology (CPT®) and Healthcare Common Procedure Coding System (HCPCS) codes that describe a telemedicine service may be the same codes that describe an encounter when the health care provider and patient are at the same site. Examples of telemedicine services include but are not limited to the following:
- Consultations
- Telemedicine consults: emergency department or initial inpatient care
- Subsequent hospital care services
- Subsequent nursing facility care services
- End stage renal disease services
- Individual medical nutrition therapy
- Individual and group diabetes self-management training
- Smoking cessation
- Alcohol and substance abuse (other than tobacco) structured assessment and intervention services
- Individual psychotherapy
- Psychiatric diagnostic interview examinations
- Family psychotherapy with or without patient present

Coverage Limitations
The following are not covered under telemedicine:
- Provider initiated e-mail
- Refilling or renewing existing prescriptions,
- Scheduling a diagnostic test or appointment,
- Clarification of simple instructions or issues from a previous visit,
- Reporting test results,
- Reminders of scheduled office visits,
- Requests for a referral,
- Non-clinical communication (i.e. Updating patient information),
- Providing educational materials,
• Brief follow-up of a medical procedure to confirm stability of the patient’s condition without indication of complication or new condition including, but not limited to, routine global surgical follow-up,
• Brief discussion to confirm stability of the patient’s chronic condition without change in current treatment,
• When information is exchanged and the patient is subsequently asked to come in for an office visit,
• A service that would similarly not be charged for in a regular office visit,
• Consultative message exchanges with an individual who is seen in the provider’s office immediately afterward,
• Communication between two licensed health care providers that consists solely of a telephone conversation, email or facsimile,
• Communications between a licensed health care provider and a patient that consists solely of an e-mail or facsimile

For MHCP members:
Information on reimbursement for Telemedicine services for MHCP members can be found under Medica’s Reimbursement Policy titled “Emergency Telemedicine for Minnesota Health Care Program Members” which is available on medica.com.

For telephone and virtual care services, refer to the Telephone and Virtual Care Services reimbursement policy and/or the Virtual Care Coverage Policy

<table>
<thead>
<tr>
<th>Modifiers:</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Modifier GQ</strong> - Via asynchronous telecommunication system.</td>
</tr>
<tr>
<td><strong>Modifier GT</strong> - Via interactive audio and video telecommunications systems</td>
</tr>
<tr>
<td><strong>Modifier G0 (G Zero)</strong> - Telehealth services furnished for purposes of diagnosis, evaluation or treatment of symptoms of an acute stroke</td>
</tr>
<tr>
<td><strong>Modifier 95</strong> – Synchronous telemedicine services rendered via a real-time interactive audio and video telecommunications systems. <em>(May only be appended to the services listed in Appendix P)</em></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Definitions:</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>POS 02</strong> - The location where health services and health related services are provided or received through telecommunication technology</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Product and State Specific Rules:</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Medicare (MA &amp; Cost)</strong></td>
</tr>
<tr>
<td><strong>North Dakota</strong></td>
</tr>
<tr>
<td><strong>Minnesota</strong></td>
</tr>
</tbody>
</table>
Oklahoma

See the Oklahoma LH Bulletin NO. 2020-02 (Amended) for specific coverage criteria regarding Telemedicine.

**Code List:**

*Emergency Telemedicine Services Code List*

**Resources:**

- Centers for Medicare and Medicaid Services (CMS)
- Healthcare Common Procedure Coding System (HCPCS)
- National Physician Fee Schedule (NPFS)

**Effective Date:**

March 6, 2020

**Revision Updates:**

<table>
<thead>
<tr>
<th>Date</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>04/22/2020</td>
<td>PHE end date extension</td>
</tr>
<tr>
<td>04/16/2020</td>
<td>Policy updated with OK coverage information and Distant site verbiage</td>
</tr>
<tr>
<td>04/02/2020</td>
<td>Code list update &amp; verbiage update</td>
</tr>
<tr>
<td>3/24/2020</td>
<td>Federally declared PHE updates</td>
</tr>
</tbody>
</table>

© 2020 Medica. Medica® is a registered service mark of Medica Health Plans. “Medica” refers to the family of health services companies that includes Medica Health Plans, Medica Community Health Plan, Medica Insurance Company, Medica Self-Insured, MMSI, Inc. d/b/a Medica Health Plan Solutions, Medica Health Management, LLC and the Medica Foundation.

CPT® is a registered trademark of the American Medical Association.