Provider Fact Sheet on University of Minnesota (UPlan)
Employee Health Plans from Medica

Overview
The University of Minnesota (U of M) has the following Medica health plans available to its active employees, early retirees and dependents:
- Medica Elect®/Medica Essential℠ (single care system offering)
- Medica Choice® National
- Medica Choice® Regional
- Medica Direct® Health Savings Account (HSA)

The U of M offers the following Accountable Care Organizations (ACO) plans:
- Fairview and North Memorial Vantage with Medica
- Inspiration Health by HealthEast with Medica
- Park Nicollet First with Medica
- Ridgeview Community Network
- Altru and You with Medica (Crookston MN area - effective 1/1/17)
- Essentia ChoiceCare with Medica (Duluth MN area - effective 1/1/17)
- Medica with Mayo Clinic Health System (Rochester MN area – effective 1/1/17)

ACO networks are in the 13-county Twin Cities metro area or the specific area listed above. The current products of Elect/Essential, Medica Choice – National and Regional, and the HSA will continue to be offered as well.

Benefits
- There is a copayment (copay) for primary care and a higher copay for specialty care.
- Mental health and substance abuse services are managed through Medica Behavioral Health.
- Prime Therapeutics is the pharmacy benefit manager (PBM) and Fairview Specialty Pharmacy is for specialty medications. The phone numbers for these vendors are:
  - Prime Therapeutics: 1-800-727-6181
  - Fairview Specialty: 612-672-5289 or 1-877-509-5115

Deviations
- Elect/Essential plans have U of M Physicians and Boynton Health Services, Baldwin Area Medical Center, Essentia Health East, HealthPartners, and Vibrant Health Family Clinics (Western WI, River Falls area) as additional care systems for U of M members only.
- Enrollees on Elect/Essential plans may choose among 17 different care systems, and may change primary care providers as well as care systems on a monthly basis.
- QuickCare Clinic is an urgent care provider available to members with Elect/Essential and Fairview and North Memorial Vantage plans.
- Visits to Gopher Quick Clinic (Twin Cities campus), QuickCare (Duluth campus), and MinuteClinic convenience clinics have a copayment of $15 for the Elect/Essential and ACO plans; $20 copay for the Choice National Plan; and 90% after deductible for the HSA plans.
- Group numbers beginning with 838 have access to UnitedHealthcare® (UHC) Options Preferred Provider Organization (PPO) II network
• When enrolling in an ACO offering, all family members need to choose the same ACO. The Fairview and North Memorial Vantage with Medica plan includes University of Minnesota Physicians (UMP) for primary care and Boynton Clinic.

**Group Numbers**

- 53858  U of M Medica Elect/Essential
- 53862  Medica Choice Regional
- 83863  Out-of-Area Medica Choice National
- 83864  Medica Choice National
- 83866  Medica Direct HSA, single option
- 83867  Medica Direct HSA, family option
- 80438  UPlan Fairview North Memorial Vantage ACO
- 80439  UPlan HealthEast ACO
- 80440  UPlan Park Nicollet ACO
- 80441  UPlan Ridgeview ACO
- 80479  Altru and You with Medica
- 80480  Eseentia ChoiceCare with Medica
- 80481  Medica with Mayo Clinic Health System