Health Literacy: Instructions for Continuing Education Credits for Nurses

Keep this for your records

Instructions for CEUs from the Minnesota Board of Nursing

Continuing Education Offered by Providers of Continuing Education
The continuing education must:

- Be designed to enhance your ability to practice nursing.
- Last at least one contact hour (50 minutes). Every additional five minutes is one-tenth of a contact hour. An academic course can be converted to contact hours. A quarter credit is equivalent to 10 contact hours. A semester credit is equivalent to 15 contact hours.
- Be approved by a health licensing board or association or the provider of the continuing education must identify the objectives of the continuing education.
- Be taught by an individual qualified to teach the subject matter of the continuing education.

You must:

- Complete the continuing education during your participation period.
- Obtain and keep the evidence of attending the continuing education for two years after reporting the continuing education.

The provider of continuing education must provide in writing:

- The objectives of the continuing education (objectives are not necessary if the continuing education has been approved by a health licensing board or association).
- The name of the instructor.
- The qualification of the instructor.
- The number of contact hours.
- The date of the continuing education.
- A statement of attendance at the continuing education.

Health Literacy Course Objectives:

- Define health literacy and describe the magnitude and impact of low health literacy.
- Use communication strategies to ensure that patients who may have low health literacy effectively receive health plan information.

Name of the Instructor:____________________________________________

Qualification of the Instructor:_____________________________________

Number of contact hours: __________
(First 50 minutes = 1 hour + .10 hours for each 10 minutes thereafter.)

Training Date: __________