



NEWS FOR EMPLOYERS

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HealthPartners Medical Group joins Park Nicollet First with MedicaSM accountable care organization (ACO)

Effective Jan. 1, 2022, HealthPartners Medical Group joined the Park Nicollet First with MedicaSM ACO network. The Park Nicollet First service area and product name remains the same, and members have the option of receiving in-network care at HealthPartners hospitals and clinics.

HealthPartners is an award-winning, integrated health care system providing medical and specialty care at over 90 clinics and hospitals across Minnesota and western Wisconsin. For more than 60 years, they have supported health and well-being through their work in education and research and for the fifth consecutive year, they have been ranked in the top 15 health care systems in the country by IBM Watson.

Announcing Omada for Joint & Muscle Health

This month, we're rolling out a new program to help support your employees with musculoskeletal conditions. Omada[®] for Joint & Muscle Health combines personalized physical therapy with convenient virtual technology. It's a proven program that can help build muscle, prevent pain, and treat existing aches and injuries.

Members get effective musculoskeletal care, with access to a physical therapist, diagnosis, and treatment typically within 48 hours of enrollment, and all through their smartphone. The program can improve outcomes and help members avoid unnecessary services such as imaging, medications, and surgery.

The program delivers results:

- 98% improvement in area of concern
- 99% highly satisfied with quality of care

Initially, the program will be available to large fully insured groups and self-insured groups that offer the Omada for Prevention program. To be eligible, members of these groups must:

- be at least 13 years of age,
- enrolled in a Medica Choice[®] Passport plan, and
- live in Iowa, Minnesota, Missouri, North Dakota, South Dakota, or Wisconsin.

Members in other self-insured groups will have access to the program by the end of 2nd quarter 2022. The program will not be available for small groups or members enrolled in plans other than Medica Choice[®] Passport.

[View the employer flier.](#)

Over-the-counter (OTC) COVID-19 testing coverage

The federal government recently released [FAQ #51](#) on coverage for COVID-19 testing by private health insurers and group health plans. The guidance clarifies how members in group or individual health plans can seek reimbursement for over-the-counter (OTC) COVID antigen diagnostic home tests.

Effective Jan. 15, 2022, and for the duration of the national public health emergency, Medica members enrolled in individual plans and commercial fully and self-funded plans have coverage for OTC FDA-authorized COVID-19 antigen tests without a prescription from a qualified health professional.

- Coverage includes up to eight FDA-approved OTC COVID-19 antigen home tests for each member per month covered under a subscriber's plan.
- Tests can be obtained through a network pharmacy at no cost.*
- Tests obtained at an out-of-network pharmacy or retailer are eligible for reimbursement at \$12 per OTC test. Members will be required to submit a claim form to process reimbursement.
- OTC tests purchased prior to Jan. 15, 2022 are not eligible for reimbursement.
- Tests purchased to fulfill employer-directed testing requirements are not eligible for reimbursement.

*If the network pharmacy is unable to directly submit the claim for the member's OTC antigen tests, they can complete and submit a [Pharmacy Claim Submission form](#). Completed forms and receipt(s) should be mailed to the following address for reimbursement:

Express Scripts
ATTN: Commercial Claims
P.O. Box. 14711
Lexington, KY 40512-4711

Or members can fax their claim form and receipt(s) to 1 (608) 741-5475.

A listing of FDA-approved Emergency Use Authorization (EUA) COVID-19 antigen tests can be found on the [FDA's website](#).

2022 pharmacy formulary update

Effective Jan. 1, 2022, Medica's preferred long acting insulin for Commercial and IFB members transitioned from Lantus to Semglee (yfgn). Recently approved by the FDA, Semglee (yfgn) is the first interchangeable biosimilar medication in the United States.

What is an interchangeable biosimilar? An interchangeable biosimilar designation means the FDA has determined that the biosimilar medication, Semglee (yfgn) is a near-identical alternative with no clinical differences, and offers the same safety and effectiveness as the reference brand (Lantus).

No action is needed by members. Pharmacies will substitute the product without a new prescription and there is no cost difference for the member.

[View a sample of the letter](#) mailed to affected members in December.

Member topic of the month: My Health Rewards by Medica®

Every month we feature ready-made promotional materials for one of our member programs or services. Print the flier or email it to your employees, whichever you prefer!

The topic this month is My Health Rewards by Medica*, our program that rewards employees for taking actions to improve their health. This personalized program motivates employees to make better health decisions. Employers can use our promotional materials to raise awareness of the program and encourage their employees to participate.

[View promotional materials.](#)

* My Health Rewards is included with fully insured plans and is a standard offering for self-insured plans.

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