

## NEWS FOR EMPLOYERS

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### Medica's 2020 annual report

We recently published the 2020 edition of our annual report, *The Power of Community*. It tells the story of how we leaned on our values and relationships to protect our members' health and respond to critical needs in the diverse communities we serve throughout a year of profound crisis.

Read it to learn more about our:

- Response to the COVID-19 pandemic
- Outreach to members affected by the pandemic, social unrest and severe weather
- Commitment to open a new office in St. Paul's diverse Midway neighborhood
- Investment of financial reserves in community banks
- \$4.25 million in charitable giving to help nonprofits deliver their services in the pandemic environment, support communities affected by unrest, alleviate hunger, and advance equity

The report also describes a few of the innovative nonprofit organizations that addressed critical community needs during 2020 with grant support from the Medica Foundation.

[Review our 2020 annual report.](#)

### Medica offers in-home comprehensive health assessments to qualified members

Medica has partnered with Matrix Medical Network to offer in-home comprehensive health assessments to Commercial small group and individual family and business (IFB) members. These assessments give members up to an hour of valuable one-on-one time with a credentialed nurse practitioner in the comfort of their own home. They are part of our on-going quality improvement activities and are used to ensure that our members are receiving high-quality care. Although this program is voluntary, we encourage our members to participate in this valuable program once annually. There is no cost for the assessment.

The completed health assessment will be shared with the member's primary care physician to ensure that he or she has the most complete picture of the member's health and healthcare needs.

Members targeted for the in-home assessment are sent a mailing prior to being contacted by phone to set up an appointment. Members are selected based on several factors including the frequency of primary care or preventive care visits and chronic conditions.

# Medica Foundation supports community vaccination efforts

Medica Foundation recently awarded \$100,00 in emergency relief grants to five nonprofit organizations that are working to increase the COVID-19 vaccination rate within underserved communities in Minnesota. The funding effort provides additional support for people of color, people living with disabilities and people with low incomes to receive education and access to COVID-19 vaccines. These funds are in addition to the \$1.2 million the Medica Foundation awarded to Minnesota and Nebraska nonprofit organizations during 2020 to help them continue to provide needed services in the pandemic environment.

## 2022 HSA contribution limits

The Internal Revenue Service (IRS) recently announced the maximum single and family contribution limits to a health savings account (HSA) for 2022. The maximum single HSA contribution limit increased from \$3,600 to \$3,650 for 2022. The maximum family HSA contribution limit increased from \$7,200 to \$7,300 for 2022.

	2021	2022
Maximum annual HSA contribution amount (employer + employee)	\$3,600 (single) \$7,200 (family)	\$3,650 (single) \$7,300 (family)

## Member topic of the month: Preventive care

Every month we feature ready-made promotional materials for one of our member programs or services. Print the flier or email it to your employees, whichever you prefer!

The topic this month is preventive care. The attached flier outlines the services that Medica typically covers under preventive benefits.

[View preventive care tip sheet.](#)

### SOCIAL



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