



NEWS FOR EMPLOYERS

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Clear Value with Medica network expansion effective Jan. 1, 2022

Medica and Hennepin Healthcare have partnered to offer Clear Value with MedicaSM, a unique accountable care organization (ACO) network. Effective Jan. 1, 2022, the ACO is expanding to Anoka County and to small group employers. The ACO is currently offered to large group employers in Hennepin and Ramsey counties. Clear Value features a strong virtual care component and comprehensive, cost-effective care options in the Twin Cities. With Pops[®] Diabetes Care, enrolled members get a personal virtual coach, integrated glucose meter, and access to real-time data, trends, and guidance at \$0 cost share. Clear Value is priced 20% below the Medica Choice network on matching plan benefits.

2022 ACO price decrements

Seven ACO networks are offered to large and small group employers across the Medica service area with savings on average of 10-20% compared to our Medica Choice Passport open access national network.

Altru & You with MedicaSM

- MN: 10% pricing decrement
- ND: 13% pricing decrement

Clear Value with MedicaSM

- 20% pricing decrement

Essentia Choice Care with MedicaSM

- 12% pricing decrement

Medica CompleteHealthSM (featuring care at Mayo Clinic)

- MN: 3% pricing decrement for small groups, 0%-6% for large groups
- WI: 7% pricing decrement

Park Nicollet First with MedicaSM

- 12% pricing decrement

Ridgeview Community Network[®] powered by Medica

- 12% pricing decrement

VantagePlus with MedicaSM

- 10% pricing decrement

[View the Clear Value with Medica employer flier.](#)

Please contact your Medica representative if you have any questions.

Implementation of the Consolidated Appropriations Act (CAA)

The Affordable Care Act (ACA), first passed in 2010, required health plans, health providers and employer-sponsored insurance plans to enact significant changes to improve access to quality health care for all. More changes to health insurance coverage are coming, including the more recently released guidance on transparency tools, machine-readable files, and implementation of the CAA.

There are many requirements of the CAA with varying timelines and some pending federal guidance. Medica will comply with requirements, with the necessary federal guidance, and is on track to meet the more immediate obligations of the CAA, including:

1. Changes to member ID cards

Deductible and out-of-pocket information will be added to ID cards as groups renew their Medica plan, beginning in Jan 2022. Office visit copays, urgent care copays, and emergency cost information will be removed to accommodate the new required data elements.

2. Accuracy of provider directories

Medica's online directories display name, address, specialty, phone number and email address.

3. Continuity of care

Medica's plan documents will be updated to describe continuity of care provisions for members whose provider or facility is no longer in-network.

4. Surprise billing

Medica continues to develop the processes to protect our members from surprise bills from out-of-network emergency services, out-of-network providers at in-network facilities, and out-of-network air ambulance providers.

For more information about the CAA, please [view the FAQ](#).

Positive employee engagement with My Health Rewards Invest

My Health Rewards by Medica[®] *Invest* is a best-in-class online health and wellness program and app that encourages and rewards your employees for meeting specific wellness goals. Employees enrolled in a health savings account (HSA) can earn up to \$75 per month (up to \$900 per calendar year) when they meet monthly wellness goals:

- Sleep: Sleep more than 7 hours per night for 20 days in a calendar month
- Nutrition: Track calories with MyFitnessPal for 20 days in a calendar month
- Activity: Take 10,000 steps per day for 20 days in a calendar month

Program results

First introduced in 2020, My Health Rewards *Invest* is on a fast growth track, with nearly 100 Medica customers now offering the program (a 155% increase over 2020).

The easy-to-use digital tools, when paired with monthly rewards, inspire employees to build healthy habits and stay motivated. This year, enrolled members are being rewarded equally among the three earning opportunities and on average, they're earning nearly \$40 per month (\$460 annually) for meeting their wellness goals.

If you would like to learn more about the program, please contact your Medica representative.

View the My Health Rewards *Invest* employer flier.

My Health Rewards Invest is a buy-up option for employers with 51+ employees (fully and self-insured).

Browser update required for Internet Explorer 11 users

Effective October 16, 2021, individuals accessing the Medica ONESource employer or member portal will not be able to access it using Internet Explorer 11 or legacy Microsoft Edge browsers as those browsers will no longer be supported. Please use a current version of one of the following browsers to access the site:

- Microsoft Edge Chromium
- Mozilla Firefox
- Google Chrome
- Apple Safari

Members can also use the Medica ONESource mobile app to access their accounts.

Key dates for January 2022 renewals

Many of our customers renew their health plan each Jan. 1, making fall a very busy time. Following the simple steps below can make the renewal process go more smoothly.

Step 1: Review your renewal information promptly, and contact your broker or Medica representative if you have any questions.

Step 2: Work with your account manager to determine if an enrollment presentation would benefit your employees. This open enrollment season, Medica will be supporting you and your employees in the following ways:

- PowerPoint slides
- Virtual meeting support through WebEx
- Member enrollment benefit guide
- Additional digital health and wellness resources

As always, the earlier you contact us, the easier it is to accommodate your electronic open enrollment requests.

The Medica Service Center is an excellent resource when you have day-to-day questions about benefits, enrollment, claims and more. Call the Medica Service Center at **1 (952) 992-2200** or **1 (800) 936-6880**.

Large and Small Group

Deadline to notify Medica of renewal decisions for large groups

Large group: Nov. 15
Small group: Nov. 20

Medica offices closed for holiday

Nov. 25-26

Last day to send Medica enrollment to ensure that benefit information is received by Jan. 1, 2021

Dec. 1

Medica offices closed for holiday

Dec. 24, 25, 31

Medica offices closed for holiday

Jan. 1 (Medica Customer Service is available from 9 a.m.-3 p.m.)

4members October email newsletter

Active commercial members who have registered on [MyMedica.com](https://www.medicacom.com) will receive the 4members email newsletter next week.

4members is available via PDF for employers and brokers who would like to distribute the content. Encourage your employees to register on [MyMedica.com](https://www.medicacom.com) to receive this member publication.

Member topic of the month: Medica ID card tip sheet

Every month we feature ready-made promotional materials for one of our member programs or services. Print the flier or email it to your employees, whichever you prefer!

The topic this month is the Medica ID card tip sheet. Members can use this tip sheet as a resource for what health plan information is on their card and important tips for using their ID card.

[View Medica ID card tip sheet.](#)

SOCIAL



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