



EMPLOYER UPDATE

April 2017



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Upcoming member mailings

Medica Employee Assistance Program (EAP) member mailing in April

Many Medica commercial members will be receiving a Medica EAP awareness postcard in the coming days. The postcard is intended to remind members of some of the valuable resources the EAP offers, especially concerning stress. A list of sample offerings is included on the postcard including covered counseling sessions and financial advice. The postcard can be viewed below.



[View Medica EAP member mailing.](#)

Medica CallLink® nurse line member mailing in May

Many Medica commercial members will be receiving a Medica CallLink nurse line postcard mid-May. The postcard stresses the importance of self-care as we enter into springtime. It also reminds members that they can call for advice on where to seek a professional if needed. Registered nurses are available 24/7 to help answer questions. This postcard, focused on helping members learn about the right levels of care, can be viewed below.



[View Medica CallLink member mailing.](#)

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[4members April email newsletter](#)

The *4members* email newsletter will be distributed this week. Active commercial members who have registered on [mymedica.com](#) will receive these emails.

4members is available via PDF for employers who would like to distribute the content. Encourage your employees to register on [mymedica.com](#) to receive this member publication.

[View the 4members April 2017 issue.](#)



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[Member topic of the month: Deductibles, copayments and coinsurance](#)

Every month we feature ready-made promotional materials for one of our member programs or resources. Print the materials or email them to your employees, whichever you prefer!

This month we are providing information on deductibles, copayments and coinsurance. The attached tip sheet explains these terms and how they determine out-of-pocket costs.

[View member tip sheet.](#)

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