

Medica Pharmacy Benefit Changes for 2020

Medica is making some important changes to our pharmacy program that will apply to you if you have pharmacy benefits through Medica. On **January 1, 2020**, Medica will transition from CVS Caremark™ to Express Scripts® to help manage your pharmacy benefits.



[Learn more](#)

Cancer Screenings

In honor of Breast Cancer Awareness Month, this is a friendly reminder for women (and men) to get checked for a variety of cancers. These screenings include breast, cervical, colorectal (colon), and lung for some people who may be at a higher risk. Talk to your doctor about when and how often you need to schedule your screenings.



See how you can help lower your cancer risk.



Virtual Care: Save Time and Connect Online

You can get care from the comfort of your home, work or wherever you are with virtual care. Virtual care visits, also known as online care or e-visits, are a convenient way to get care for common conditions like allergies, bladder infections, flu, pink eye and many other non-urgent, common health conditions.

Find out more about saving time and even money with virtual care.



Did You Know?

When you receive care, you and your health plan usually each pay some of the cost. This is called cost sharing. Deductibles, coinsurance and copayments are all examples of cost sharing and describe an amount that may apply when you receive care. For more information, see the **Deductibles, copayments and coinsurance member tip sheet**. If you have questions, call Customer Service at the number on the back of your Medica ID card. We're here to help!

We're here to help

Call or email, whichever works best for you.



Call us at

800-952-3455 (TTY:711)



[Send us a secure email](#)

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mymedica.com. If the information in 4members conflicts with your coverage document, your coverage document is always correct.

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