



MEMBER TIPS

HEALTH SAVINGS ACCOUNT

ENROLLED IN INDIVIDUAL & FAMILY PLANS



WHAT IS AN HSA?

A health savings account (HSA) is a special savings account for medical expenses. You decide how and when to use it on IRS-approved medical expenses and may receive federal tax benefits at the same time.

WHAT ARE THE BENEFITS OF AN HSA?

You're in control of your funds. You decide when and how to spend or save the money in your HSA. You can use your HSA money to pay for IRS-approved medical and dental expenses tax-free. To view a complete list of qualified medical expenses, visit [irs.gov](https://www.irs.gov).

Money in your HSA belongs to you. If you change employers or health plans, retire or move, you take your account with you.

There is no "use it or lose it" provision. Any unused balance rolls over from year to year.

Earn more, tax free. Some HSAs allow funds to be invested or earn interest. These earnings are tax-free. Check with your HSA administrator for more information.

You can use the account to save money for retirement. After age 65, you can use your HSA funds for any purpose without penalty (you will, however, pay taxes on funds withdrawn).

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ARE YOU ELIGIBLE FOR AN HSA?

You can only contribute funds to an HSA if you are enrolled in a qualified high-deductible health plan (HDHP). An HDHP is a health insurance plan with lower premiums and higher deductibles than a traditional health plan. In an HDHP, preventive services are covered at 100 percent. Other benefits start after you reach your deductible. An HDHP must also meet deductible and out-of-pocket requirements set by the IRS as follows:

HSA Contribution Limit	Minimum Deductible	Out-of-Pocket Maximum
The most you can put into your HSA in 2019	Your deductible in 2019 must be this amount or higher to qualify for an HSA	The maximum out-of-pocket costs you will have with an HSA in 2019
Single: \$3,500* Family: \$7,000* If you're 55 or over, you can contribute an additional \$1,000 annually	Single: \$1,350* Family \$2,700*	Single: \$6,750* Family: \$13,500

No matter what month you enroll in your plan, you are still eligible to contribute the full annual maximum amount for that year. However, you need to stay in the plan for at least 12 months after the end of that tax year, or your contribution may be taxed as gross income or subject to other taxes.

*The IRS adjusts HSA limits each year for the cost of living.

READY TO OPEN AN ACCOUNT?

Once you're enrolled in your HSA-compatible plan, check out our preferred HSA administrator, MEDSURETY, by visiting medica.com/HSA. Or, choose any HSA administrator to manage your account.

You can establish your HSA after your health plan's coverage start date. If your health plan begins on any day other than the first of the month, you can establish your HSA on the first day of the following month.



Have a question?

Visit medica.com/hsa for additional information. Or, call Customer Service at the number on the back of your Medica ID card.



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