Overview:

Park Nicollet First is an innovative collaboration between Park Nicollet and Medica that is pioneering new ways of delivering care that will provide better experiences for members. By delivering high quality care with a coordinated approach between insurance coverage and patient care delivery, the health care process is simplified and lowers costs for consumers.

Park Nicollet First is an open-access product that utilizes the Park Nicollet network. No referral is needed to see participating Park Nicollet First providers. Members can also access non-Park Nicollet providers, but may have higher deductibles and out-of-pocket expenses than for in-network providers. To verify which providers are included in this product’s network, see the provider directory on medica.com.

Identification Card Example Large Group (effective starting with 1/1/17 dates of service)

Identification Card Example Small Group (effective starting with 1/1/17 dates of service)
My Plan ID Card Example Large Group (effective starting with 1/1/17 dates of service)

Members – www.mymedica.com
Claims: Medica PO Box 30990, Salt Lake City, UT 84130
Park Nicollet & Medica Customer Service: 855-727-5178
Hearing Impaired: 711
Pharmacists: 800-364-8331
Providers: 800-458-5512 or www.medica.com
Medica Behavioral Health: 800-848-9327
Medica CallLink Nurse Line: 800-982-9497

United Healthcare

Minnesota Department of Commerce Appeals: 651-539-1600 or 800-457-3602

My Plan ID Card Example Small Group (effective starting with 1/1/17 dates of service)

Members – www.mymedica.com
Claims: Medica PO Box 30990, Salt Lake City, UT 84130
Park Nicollet & Medica Customer Service: 855-727-5178
Hearing Impaired: 711
Pharmacists: 800-364-8331
Providers: 800-458-5512 or www.medica.com
Medica Behavioral Health: 800-848-9327
Medica CallLink Nurse Line: 800-982-9497

United Healthcare

Minnesota Department of Commerce Appeals: 651-539-1600 or 800-457-3602

Available to:
Commercial large and small groups in the 13-county Twin Cities metro area:
- Anoka
- Carver
- Chisago
- Dakota
- Hennepin
- Isanti
- McLeod
- Ramsey
- Scott
- Sherburne
- Sibley
- Washington
- Wright
Network Hospitals:
- Park Nicollet Methodist Hospital
- St. Francis Regional Medical Center
- Children’s Healthcare – Minneapolis
- Children’s Healthcare – St. Paul

Specialty Network:
- OptumHealthSM Care Solutions, Physical Health (chiropractic network)
- Medica Behavioral HealthSM
- OptumHealthSM Complex Care Solution (for transplants)
- CVS Caremark, effective 1/1/17; MedImpact, effective through 12/31/16 (pharmacy network)

Park Nicollet First with Medica Benefits:
- Access to Park Nicollet’s 20 primary care clinics, its specialists who practice in more than 55 medical and surgical specialties and seven urgent care locations.
- Access to Park Nicollet’s specialty centers, including the Park Nicollet Bariatric Surgery Center, Frauenshuh Cancer Center, Heart and Vascular Center, International Diabetes Center, Jane Brattain Breast Center, Melrose Center (for eating disorders), Struthers Parkinson’s Center, Child and Family Behavioral Health (formerly the Alexander Center), Joint Replacement Institute, Family Birth Center, Women’s Center and TRIA Orthopaedic Center.
- Access to Park Nicollet Methodist Hospital, a 426-bed facility recognized as an area leader in cancer care, cardiovascular services, maternity care and neuro-rehabilitation medicine.
- Access to a 24/7 Nurse phone line and 24/7 online diagnosis and treatment for common medical conditions with virtuwell™.
- CareWire™, a text messaging service that guides patients to and through their appointments.
- Valet parking is offered at Methodist Hospital and St. Louis Park Clinic and Specialty Center.
- Discounts at Park Nicollet Health & Care Stores and Park Nicollet pharmacies.
- The Medica travel benefit does apply outside the Medica service area (i.e., outside MN, WI, SD, ND).

Claim Submission:
Claims should be submitted to:

Medica
PO Box 30990
Salt Lake City, UT 84130

Electronic payer ID: 94265

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